



# NEWSLETTER

VOL. 33, NO. 1

*37th Annual Symposium*  
**“Building Blocks  
for the Future”**  
*Toronto, Canada*



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Committees**

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*The Academy for Sports Dentistry Newsletter* is published tri-annually for its members. Comments and suggestions regarding the newsletter should be directed to Dr. Hans Stasiuk, Editor.



**Ed Bick, DDS**

# Commitment to Excellence

As I wrote the previous President's message, I thought we'd be buried under a pile of snow. As it turns out, I was right! I'm a skier, so I enjoy the snow, but I do not enjoy clearing my driveway and sidewalk. But such is life in Minnesota...

I am looking ahead to the summer and June in Toronto. The Symposium – Sports Dentistry: Building Blocks for the Future – is really taking shape. Dr. Tom Coreno will speak about the program that he has set up with the Greater Cleveland Dental Society to create individual, custom-made mouthguards for high school football players in the Cleveland Metropolitan School District as well as to educate and inspire these youth in underserved communities on the lifetime benefits of good oral health. In addition, our friends from Germany, Dr. Florian Goettfert, Dr. Thomas Schwenk, and Dr. Marcus Striegel, will be speaking about facts and fiction surrounding improved sports performance. There will also be a lecture about the future of taking impressions as it relates to mouthguards. These are just a few of the great speakers I am looking forward to hearing.

In addition, one of the new formats I am most excited about involves roundtable discussions on Saturday morning. We will have 10-12 tables with approximately 10 people at each table. Each table will have a leader with a particular focus. Some of the topics include: a trauma case presentation; how to start a community mouthguard program; what to have in your sports emergency kit; and roles and responsibilities of professional sports team dentists. This format will provide a great opportunity to discuss and answer questions on a variety of topics in a more intimate setting. Registration for the roundtables will be on a first-come, first-served basis, so please register early. The topics will be listed in the Symposium brochure so you can indicate your preferences. Because the roundtable discussions will be the first thing Saturday morning, our usual business meeting will now be Saturday just before lunch.

*When registering, please stay at the Radisson Admiral Hotel Toronto-Harbourfront. The ASD has a certain commitment that we must meet to the hotel for rooms and services. It's a great location and easily accessible to local transportation.*

A few other odds and ends:

- *Check out our new website – I think everyone will find it more user friendly. Also, our updated PowerPoint is ready.* This is a great resource for our members who would like to educate themselves and the general public about sports dentistry. It contains over 200 slides with speaker notes. Particularly if you don't already own a version, please give serious consideration to buying this new version. Information on purchasing a copy is on the website.
- The feedback from the Symposium in New Orleans was excellent, and it was a financial success.
- We are continuing our relationship with NATA, as Dr. Byron Blasco and Dr. Hans Stasiuk will be speaking at the NATA convention in June of 2019.
- If you've ever had any interest in visiting Osaka, Japan, the second international sports dentistry consensus statement meeting will be held from Sept. 28 to Sept. 30, 2019. For more information about this meeting, please contact Dr. Jeff Lloyd.
- I know it's early, but also mark your calendars for the 2020 ASD Symposium in Nashville. Dr. Walter Chitwood, Jr., is the chairman for the Symposium, and it will be held at the Hilton Nashville Downtown.
- Please consider doing a research project or a poster presentation that can be shared at one of our symposia.

As always, if you know of anyone interested in sports dentistry, please encourage them to join the ASD.

That's all for now!

Regards,  
Ed



# Editor's REPORT



**Hans Stasiuk, BSc, DMD, FASD**

One of my favorite trips every year is to the ASD Symposium; I anxiously look forward to seeing many friends, making new friends, learning as much as I can about Sports Dentistry, and exploring different cities. I am so excited that the 2019 ASD Symposium is being held in my home country, Canada.

Canada welcomes the Sports Dentistry world! I would like to invite all of you to make the trip to Toronto this June. We would like to make the 2019 ASD Symposium the best ever attended symposium in 37 years.

Dr. Jan Chithalen and Dr. Frank Stechey have spent considerable time selecting the speakers and organizing social events. It is sure to be a great time and an excellent learning experience. Drs. Greg Chang and Brian Sacks, along with myself, have consulted with Dr. Chithalen since last June and, together with Dr. Stechey, we would like to encourage you to meet us in Toronto

There are many assumptions and misconceptions that non-Canadians have about our country. You will find a clever and informative article written by Dr. Brian Sacks of Calgary, Alberta, Canada which clarify these matters.

The ASD liaises with many different medical and sports organizations. One such organization that the ASD has a strong and vital relationship with is the Joint Commission on Sports Medicine and Science. This issue's Historian's Report by Dr. Jack Winters includes an interesting historical perspective on the Joint Commission.

Seven years ago, I initiated the first ASD Fun Run in Philadelphia. I hope that many of you will join us on Friday, June 21 on a 5 km (3 mile) run/jog/walk through the streets of downtown Toronto and along Lake Ontario. I encourage you to bring your family with you.

**SEE YOU IN TORONTO!**

**7th Annual  
ASD  
FUN  
RUN**



**Friday, June 21, 2019  
6:30am—7:15am**  
Everyone is Welcome!  
Run, Walk or Crawl  
Please meet in the lobby of the Radisson Hotel at 6:25am



## SYMPOSIUM CHAIR'S REPORT

E. Jan Chithalen, DDS, FASD

On behalf of our ASD Board, it is with great pride and excitement that I invite you to join me and all our international colleagues in Toronto, Ontario, Canada for our 37th Annual Academy for Sports Dentistry (ASD) Symposium. Our theme focuses on dentistry's "basics", what is now, plus what lies ahead for us – "Sports Dentistry: Building Blocks for the Future".

This is the third time our Symposium has met "north of the border" and counting Puerto Rico, only the fourth time in our 37-year history we have met outside of the continental United States.

Please note: "All work and no play" is NOT part of our theme! Family Fun is integral to a great Symposium, and Toronto will make this happen. Words like: diversity, multi-cultural, SAFE, family-friendly and fun just begin to describe Toronto! The *Radisson Admiral Hotel* is on Toronto's waterfront, on the shores of Lake Ontario, just steps away from: concerts, the world-famous CN tower, Rogers Centre (home of the MLB *Blue Jays*), Ripley's Aquarium, the Scotiabank Centre (home of the NHL Toronto Maple Leaf's, the NBA Toronto Raptors and the NLL's Toronto Rock Lacrosse team.) BMO Field (home of the CFL's Toronto Argonauts and Toronto FC soccer team) and of course, the *National Hockey Hall of Fame*. Amazing restaurants - both casual & formal, plus shopping areas are easily accessible via a short cab ride or walk from our hotel. Take a waterfront sight-seeing or evening dinner cruise; a "stop & go" bus tour of Toronto; or just visit an open-air concert next door to our hotel. There is so much to see for the entire family, regardless of age or interests, and all in a safe & welcoming environment! And we promise - NO SNOW – just warm weather during your entire stay! So, bring your families, invite your friends and colleagues! Our 100%

Canadian guarantee is that you will not be disappointed!

Our "home" is the *Radisson Admiral Hotel*, a small boutique hotel which we will have as our own, meaning everyone you see will be 'one of us', as you swim at the open-air patio pool or simply relax while enjoying the waterfront view. This will be our own private house party – for the Sports Dentistry Professional & our families only! Know too that our Canadian dollar (is worth about 75 cents to the USA dollar) will provide our international colleagues with SPENDING POWER!

But in order to "write-off" your Canadian family vacation, we must do our "business" which starts by you joining us for the *Annual Recognition Luncheon*, the *Presidents Reception*, featuring both a Live and Silent Auction of Sports memorabilia, all items with irreplaceable value to help bolster the ASD Research Fund. And we can't forget the "Fun Run" lead by Dr. Hans himself!

Most importantly, we are really excited about our schedule of speakers and topics, certain to increase your Sports Dentistry knowledge and impart "pearls of wisdom" you can take back and use to assist your athletic patients immediately upon your return from Toronto.

Speakers have been selected with our theme ("Sports Dentistry: Building Blocks for the Future") in mind to bring new and interesting "building blocks" that focus on the cutting edge of what is now being done & researched. You will hear about: the latest pulpal techniques from Dr. Gary Glassman (Canada); Dr. Erik Reukers (the Netherlands) sharing his knowledge of "tooth transplantation" and its role in treating athletic injuries; an interesting

*continued to page 6*

## SYMPOSIUM CHAIR'S REPORT *continued from page 5*

presentation by Mr. Chris Dennison (University of Alberta) regarding Mouthguard Standardization by the American Society for Testing and Materials for both dentists & lab technicians; a current & topical presentation by Dr. Frank Stechey (Canadian) on “forensic dentistry” and our mandated roles in the recognition, reporting & documentation of abusive (extra & intra-oral) injuries masking as “innocent” sports injuries! Plus, discussions on increasing ‘performance’, trauma triage cases, osteopathic considerations and a panel of former and current athletes discussing sports

dentistry from their perspective. Keep in mind, it all starts off on Thursday, June 20th with the Team Dentist Course – needed for you to qualify as an ASD certified *Team Dentist*!

I am excited and look forward to welcoming you - to Canada, to Toronto and to the 2019 *Academy for Sports Dentistry Annual Symposium*.

Respectfully yours,

E. Jan Chithalen

2019 ASD Symposium Local Co-Chair



## Academy for Sports Dentistry 37th Annual Symposium

June 20-22, 2019

### Sports Dentistry: Building Blocks for the Future

**Radisson Admiral Hotel  
Toronto Harbourfront  
249 Queen's Quay West  
Toronto, ON M5J 2N5 Canada  
Phone: (416)203-3333  
<https://bit.ly/2vskgDq>**

**CAN \$250.00, Single/Double**



Mark your calendars!  
Please watch our website for additional  
information as it becomes available  
[www.academyforsportsdentistry.org](http://www.academyforsportsdentistry.org)

Click here to view the 2019 Visitors Guide.  
<https://bit.ly/2FoAMtR>

With the stunning Lake Ontario and downtown skyline as a backdrop, Radisson Admiral Hotel Toronto-Harbourfront is a top choice for travelers. The Radisson is less than two kilometres from Billy Bishop Toronto City Airport (YTZ) and is conveniently near Union Station and the Rogers Centre.

A downtown location on the harbourfront offers Radisson guests gorgeous views and convenient access to many of the city's most popular attractions, including the Eaton Centre shopping mall and the Royal Ontario Museum. Take a tour of the Hockey Hall of Fame to learn more about the country's beloved sport on the ice, then head to Rogers Centre or Air Canada Centre to attend an athletic event. The CN Tower is within walking distance of the hotel and draws millions of visitors each year.

#### Highlights will include:

**Team Dentist Course**

**Presentations**

**Hands on Workshops**

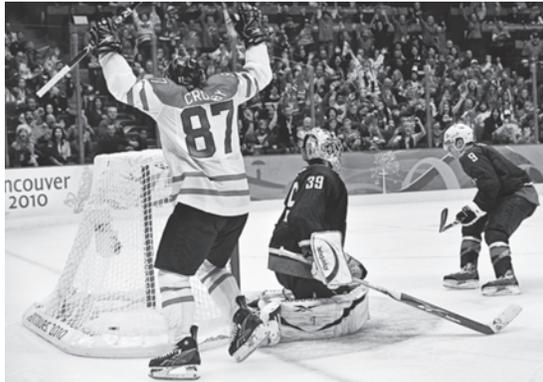
**Social Events**



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# ASD TRAVELER'S GUIDE TO Canada



The Academy for Sports Dentistry returns to Canada for its 37th Annual Symposium to be held in Toronto June 20-22, 2019. Toronto has previously hosted the Symposium in 1988 and 1999.

For those of you planning on coming from the USA and around the world, there are some vital facts that you should know about coming to Canada.

- If coming from the USA, you'll be pleased to know there is no Border Wall on your Northern Border.
- Toronto is located in the Province of Ontario. It is the provincial capital and the largest city in Canada. Contrary to what you may hear from some Torontonians, Toronto is not the Centre of the Universe!
- The leader of our country is called the Prime Minister as opposed to the USA where we have heard your leader called many different names.
- Canada has 10 Provinces and 3 Territories and in the winter we add 4 more territories....Arizona, California, Florida, and Hawaii.
- Canada has 2 official languages, English and French. The Symposium will be conducted in English.
- Not all Canadians say "eh" although the official spelling of our country is C-eh-N-eh-D-eh.
- Most Canadians don't live in igloos, but our favourite activity in winter is snow shovelling, hence the nickname "The Great White North!"
- We use the Metric System like most of the world except for our football field which is still measured in yards.

- Canada has 7 NHL teams, 1 NBA team (used to have 2 before Vancouver left for Memphis), 1 MLB team (used to have 2 before Montreal left for Washington DC), 9 CFL (Canadian Football League) teams (expanding to 10 teams), 4 NLL teams, and numerous soccer teams in different leagues.
- Canada has no NFL team because we have our own league, the CFL. We only need 3 downs to go 10 yards instead of 4.
- Canada has hosted the Olympic Games 3 times. Summer Olympics - 1976 in Montreal Winter Olympics - 1988 in Calgary and 2010 in Vancouver.
- Canada is famous for the RCMP, the Beaver, the Moose, Canada Geese, Maple Syrup, Poutine, CN Tower, Beer, SCTV (Second City), Peameal Bacon, Beer, SCTV (Second City), Peameal Bacon (in Canada we call it back bacon not Canadian bacon), Banff, the Canadian Rockies, Niagara Falls, the Calgary Stampede and Tim Horton's coffee and doughnuts.
- Famous Athletes – Wayne Gretzky, Steve Nash, Sydney Crosby, Andrew Wiggins, Mario Lemieux, Fergie Jenkins, Hayley Wickenheiser, Bobby Orr, Milos Raonic, Donovan Bailey, Mike Weir, Genie Bouchard.
- Famous Canadian Actors - Lorne Greene, William Shatner, Dan Ackroyd, Pamela Anderson, Raymond Burr, John Candy, Margot Kidder, Jim Carrey, Howie Mandel, Martin Short, Eugene Levy, Ellen Page, Michael J Fox, Ryan Gosling, Mike Meyers, Rachel MacAdams, Leslie Nielson, Sandra Oh, Ryan Reynolds, Seth Rogen, Donald Sutherland, Alex Trebek to name a few.
- Famous Canadian Musicians - Bryan Adams, Michael Buble, Celine Dion, Shania Twain, Diana Krall, Neil Young, Leonard Cohen, Justin Bieber, Avril Lavigne, Paul Anka, Alanis Morissette, Rush, Barenaked Ladies, Trooper, The Guess Who, Nickelback to name a few.

Looking forward to seeing everyone in Toronto, eh?

Brian Sacks, DDS  
Calgary, Alberta



Jack Winters, DDS

## Historian's Report



# JOINT COMMISSION ON SPORTS MEDICINE AND SCIENCE 2019

In the late 1970s, the presidents and executive directors of six organizations dedicated to sports medicine and exercise met to discuss issues of common concerns. The organizations were: American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD); American College of Sports Medicine

American Orthopedic Society for Sports Medicine (AOSSM); National Athletic Trainers' Association (NATA); President's Council on Physical Fitness and Sports (PCPFS); and the United States Olympic Committee (USOC). Their mission was to discuss issues of common concerns in the emerging field of sports medicine.

The Mission Statement of the JCSMS is: "To advance sports medicine by lacing together, through informal liaison and joint ventures, the nation's leading organization in sports medicine and science."

Executive staff changes prompted a discontinuance of the meetings until 1993 when Don Cooper, MD; Tom Miller, MS; Denny Miller with NATA; and Bob Beeton with the USOC re-convened the group with a meeting in Colorado Springs. The annual meeting has evolved from a contact meeting to an issues-oriented meeting. The purpose remains to make it possible for colleagues from different organizations to get to know one another on a personal level, thereby making future contact easier and more productive. The JCSMS serves as a convener and catalyst for cooperation ventures. The representatives from the societies share what each organization is doing and debate

the issues affecting the sports medicine profession.

Currently there are 32 organizations in the Joint Commission. James Whitehead serves as the Executive Advisor of the group. He is the CEO/Executive Vice President of the American College of Sports Medicine. Organized Dentistry has two entities among the 32-member group - the American Dental Association (ADA) and the Academy of Sports Dentistry (ASD). Sharee Clough, RDH, MSED, represents the ADA and Jack Winters, DDS represents the ASD.

One example of the Joint Commission's workings occurred several years ago when the ASD and the USOC represented by Bill Moreau, DC, DACBSP, FACSM, (Vice President - Sports Medicine Division) got together at the yearly meeting. The result of this meeting was the ASD making Properly Fitted Pressure Laminated Mouthguards for the U.S. Olympic Athletes.

Jack Winters, DDS, has been the ASD representative for JCSMS for the past 18 years. Due to a scheduling conflict this year Dr. Winters is unable to attend the annual meeting. ASD President-Elect Dr. Jeffrey Laubmeier will represent the ASD at the 2019 meeting, which is being held from February 7-10 in Spokane, Washington.

