



NEWSLETTER

VOL. 32, NO. 3



2018 ASD Distinguished Member Dr. Robert Howarth

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Committees**

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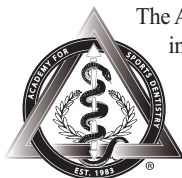
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The Academy for Sports Dentistry Newsletter is published tri-annually for its members. Comments and suggestions regarding the newsletter should be directed to Dr. Hans Stasiuk, Editor.

ACADEMY WEBSITE: www.academyforsportsdentistry.org



Ed Bick, DDS

Hello to all of our ASD members!

As I write this, I am looking out over a beautiful lake on a late summer day, wondering where summer went and reflecting on our annual symposium in New Orleans. Of course, by the time you read this, the lake will no doubt be covered in white! I again want to thank Kris Rappold and his committee for the fabulous job they did organizing the symposium. Thanks also to Steve Mills and everyone else involved with the Team Dentist Course and mouthguard workshop -- as always, an excellent job, well done. And of course, thanks to Hans and Jan for the ever-entertaining and successful job they do each year with the live auction...the Presidents Reception is always a highlight for me! Finally, thanks also to our sponsors for their continued support. Please keep them in mind when ordering supplies -- I'm sure they would appreciate it.

The symposium featured a great group of speakers. I always enjoy the symposium for the opportunity to reconnect with old friends and make new ones. It was especially nice meeting a lot of the new members as well. If you know of anyone interested in sports dentistry, please encourage them to join ASD.

Over the past year, we continued our affiliation with NATA. I want to thank our members who volunteered to help at the ASD booth on the exhibit floor at their joint symposium in New Orleans. Paul Nativi, Leslie Rye and I also had the opportunity to lecture to NATA members and participate in a panel discussion about sports dentistry. This was well received, and NATA has extended an invitation to ASD to speak at their conference next year in Las Vegas. One of the things we learned from talking to NATA members was the prevalence of athletic trainers who are employed by physical therapy or other health care clinics but contract with local high schools, colleges, or recreational leagues. In a large number of cases, these individuals do not have dental resources and were unaware of the help that ASD could provide. For those

of you who are looking to get more involved with local teams, you might want to consider contacting some of these clinics and offer to provide education, help in organizing a custom mouthguard program, etc.

It looks as though our use of Instagram and other social media outlets is growing, and more people are starting to follow us. This is an important way for ASD to get our name and mission out to the dental community and the general public. This will help us to become the "go to" organization for sports dentistry. Please continue to use Instagram to post photos and comments on events you have participated in. The mouthguard event that the Greater Cleveland Dental Society sponsored was a great example of things to post. You can post statistics about dental trauma, photos of attending a sporting event as a team dentist, etc. Please encourage your friends to follow us, whether it's Instagram or Twitter.

Work is being done to update the PowerPoint presentation. We are also working to update our website to improve functionality and make it more mobile friendly. We are hoping that both of these projects will be completed by the time this newsletter comes out.

Before you know it, it will be time to head to Toronto. The Continuing Education Committee has been working hard on the 2019 Symposium, "Sports Dentistry: Building Blocks for the Future." Among the many valuable lectures and activities, Greg Chang will again be involved with his SuperChefs organization. The Team Dentist Course will also be offered. I am very much looking forward to seeing all of you there, so mark your calendars for a fantastic event "north of the border" at the Radisson Admiral Hotel Toronto-Harbourfront, June 20-22, 2019.

Respectfully,
Ed



Editor's **REPORT**

Hans Stasiuk, BSc, DMD, FASD

Most of you who are reading this article are in the dental profession. Your reason for joining the profession is generally your desire to help people with their dental needs. What inspired you to become a dentist, assistant, or hygienist?

My inspiration was my father, Joe Stasiuk. He graduated from Dalhousie University in Halifax, Nova Scotia in 1962. Those of you who grew up with a parent who was a dentist can likely relate to me. As long as I knew my father (almost 53 years) he was a dentist. He led by example. Although I always knew that he would like me to follow in his footsteps, he never once insisted that I go to dental school.

When I entered the University of Manitoba in the Faculty of Science, I had no idea what I wanted to do with my life. After several years in undergraduate studies I eventually decided to apply to Dental School. I was fortunate to graduate in 1995 from the University of Manitoba Faculty of Dentistry. That was undoubtedly the proudest day, as a father, for my dad. He and my mother were so proud of my accomplishment. After 55 years of dentistry my father retired in 2017. We had the pleasure of working together for 22 enjoyable years. During that time my father taught me many lessons - both in life and as a dentist.

Growing up as a teenager (in the 1970's and 80's) I did what most Canadian boys did at that time - play hockey. Mouthguards were not mandatory in youth hockey in Canada during that time period. At the time my dad had limited knowledge of mouthguards and even less about custom mouthguards. I wore a full-face mask but no mouthguard. Thank goodness times have changed. My dad and I can thank people like Dr. Jack Winters and many others for informing and educating us not only about custom mouthguards but also how to treat dental injuries. I had the opportunity to travel with my father to a few ASD Symposiums.

He said that he always learned some valuable tips that he could apply to his dental practice. In addition, he enjoyed the camaraderie with the other sports dentists. There were many years that I travelled to the ASD Symposium on my own. When I would return home, my dad would always ask me how everyone was but, in particular, he would surely ask about Jack. The first ASD Symposium that my dad attended was in 1998 in Columbus, Ohio and Dr. Winters was the chair person.

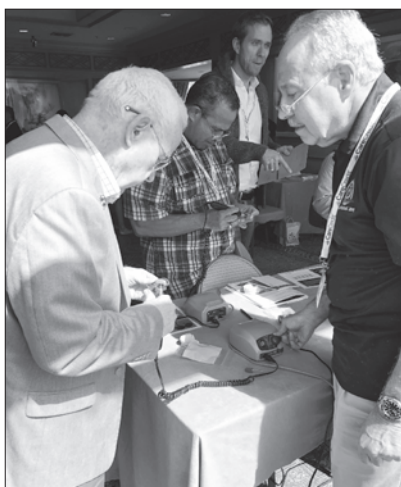
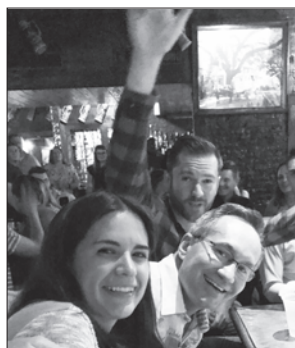
Dr. Winters recently retired after practicing dentistry for 38 years. I have lot of respect for him and consider him to be a good friend. As he was going through his files he came across an article that he wrote in the nineties about a patient. Although her accident was not sports related, the orofacial trauma that she sustained was treated in the same manner as if it was caused while participating in a sport. Dr. Winters has summarized this trauma case in this newsletter.

Several years ago, my dad received a phone call from a patient's father at 11:00 at night. The father said that his son was at a high school dance. At the dance students were bobbing for apples; his son was dancing, and he slipped on the wet floor resulting in the avulsion of three teeth. My dad met them at our office and replanted three maxillary anterior teeth. Unfortunately, two years later two of the teeth had to be extracted due to root resorption. The patient was moving away and saw a specialist to have the area restored with implants and crowns. My dad was grateful to have had gained knowledge in dental trauma thanks to the ASD.

Sadly, my father passed away peacefully at home on July 30, 2018 (one day after turning 89) from metastatic bone cancer.

The dental profession has lost a great man and I have lost a wonderful dad and mentor.

2018 Annual Symposium



2018 DISTINGUISHED MEMBER

Dr. Robert Howarth



Dr. Howarth is originally from Highland Park, NJ. He proudly attended Rutgers University in New Brunswick, NJ. He received a B.A. in Biological Sciences and a MS in Microbiology, then graduated from NYU Dental School in 1976. He served in the US Army at Fort Benning, GA and retired as LT. Colonel after serving both active duty and reserves for 22 years.

Dr. Howarth has been providing general dental care for 35 years in North Plainfield, NJ. He has been a member of the Central Dental Society since 1980. He is also a member of the ADA, NJDA.

Dr. Howarth's passion is Sports Dentistry. He is a Past President of the Academy of Sports Dentistry as well as having been a long-time board member. In 2004, he attained Fellowship status in ASD and became an ASD Certified Team Dentist in 2013. As a Certified Team Dentist, he is a USOC volunteer. This allows him to provide dental care for our Olympic Athletes at his office.

Dr. Howarth has lectured at the Yankee Dental meeting, Chicago and South Carolina. He

presented a table clinic at the Hinman Dental Meeting with his son LT. Timothy W. Howarth, DMD. He also lectured with Tomo Takeda at the naval base in Yokosuka, Japan and most recently in San Diego, California.

Dr. Howarth has been the team dentist for Rutgers University since 1999. He has used his expertise and experience to educate numerous trainers and athletes on the importance of wearing mouthguards.

Dr. Howarth is very active in his community. He is a member of the local Lions Club. Following his passion for Sports Dentistry, he donates custom fitted mouthguards for the North Plainfield football and field hockey programs. He has provided this service for 25 years.

Dr. Howarth has been happily married for 45 years to Barbara A. Howarth. Together they have three children Robyn, Rob, Tim and granddaughter Emerson.

2018 ASD Student Award Winners

(Presented by Dr. Hal Deisem)



Moustafa Badawi



Alexis Lintker



Brenna Coolbaugh



Suneil Tandon



Jack Winters, DDS

Historian: Academy for Sports Dentistry

In July of 2018, after 38 years, I retired from my pediatric dental practice in Findlay, Ohio. In going over the records of my patients, I found an article published in Dental Teamwork in the January/February 1993 edition. The caption on the cover of the magazine was: Replanting an avulsed tooth "How one office's efforts paid off". Rather than reprint the original article from 1993 I have chosen to summarize it.

"Sports Dentistry is an exciting challenge for all dental offices. The increased participation of people in one sport or another brings a new dimension to dentistry.

Much has been written about mouth protection for sports activities. The progressive dental office increasingly emphasizes the prevention of trauma to the oral structures. The approach to treating dental traumatology is changing, and new data are constantly emerging. Because of the nature of unexpected trauma, scientific study is difficult to duplicate. With this in mind, I present a clinical case as it actually happened and was treated. If the situation occurred in your office tomorrow, however, the dentist may choose another approach.

Megan Marshall (not her real name) completed orthodontic treatment in 1987. About two years later while driving a motor vehicle she was involved in an accident around 3:15 PM and hit her head on the steering wheel. The result was the avulsion of tooth no. 9. Megan was taken to the hospital by ambulance. After our office received a phone call from the emergency room, one of our staff members carried the Emergency Tooth Preserving System with Hank's Balanced Salt Solution to the hospital emergency room. She found the avulsed tooth and placed it in the ETPS container. The tooth had been out of Megan's mouth for about 45 minutes.

Due to a delay in receiving a phone call from the ER and my busy office schedule I didn't arrive at the hospital until 5:30 PM. Further dental evaluation revealed an avulsed tooth, a laterally luxated tooth, two intrusively luxated teeth, fracture of the cortical labial bone, gingival lacerations, and a small laceration on the upper lip. At 6:00 PM I anesthetized the area, replanted the avulsed tooth, and repositioned the other teeth. I placed orthodontic brackets on the maxillary anterior teeth and tied a ligature wire to an orthodontic wire. Nine days later I extirpated the nerves in teeth no. 9 and 10 and placed CaOH. Endodontic treatment was completed on these teeth fifteen months later.

Megan's case is unique. Tooth no. 9 remained out of the mouth for more than 2 ½ hours, and not much attention was paid to the periodontal ligament for 45 minutes. Three years after Megan's accident, there is little resorption of the root both internally or externally. Megan's injury was not sports-related, but the type of injury she suffered is typical of those resulting from sports-related activities. The challenge of every office is to be ready to treat that unusual and infrequent trauma problem. We were prepared for the type of injury Megan suffered." I last saw this patient when she was in her late forties, on a recall appointment

in March of 2014. A periapical radiograph was taken at that time.

Looking back at 38 years of practicing Pediatric Dentistry, the positive reward is the satisfaction of the successful treatment of ones like Megan. The application of knowledge, judgment, and skills to accomplish success is most gratifying as I hang up the handpiece for the last time.

Jack Winters, DDS August 15, 2018



X-ray after initial treatment.



Follow up x-ray in 2014.

2018 ACADEMY FELLOW

Dr. Kris Rappold



Dr. Rappold recently received the Fellowship Award for the Academy for Sports Dentistry at the 2018 Annual Symposium in New Orleans, Louisiana. Dr. Rappold participated as a United States Olympic Committee Volunteer Dentist, Team Smile, team dentist for Northwestern State University football, Loyola University athletics, New Orleans Jesters semi-professional soccer, Archbishop Rummel High School football, Holy Cross High School football and basketball, St. Martin's Episcopal High School football, and the Big Easy Rollergirls.

Dr. Rappold has been a member of the Academy for Sports Dentistry since graduating from Louisiana State University School of Dentistry

in 2010. He is the chairman of membership, current board member, and was the chairman of the 2018 Annual Symposium. He has lectured at the New Orleans Dental Conference, Michigan Dental Association, American Orthopaedic Society for Sports Medicine Annual Meeting, and will be speaking in New Delhi, India at the 1st National Conference of Indian Society for Dental Traumatology on sports dentistry.

Dr. Rappold was recently bestowed a "10 Under 10" Award by the American Dental Association highlighting his accomplishments in sports dentistry and providing mouthguards free of charge to the high school teams in his community.



Academy for Sports Dentistry

37th Annual Symposium

June 20-22, 2019

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Click here to view the 2019 Visitors Guide.
<https://bit.ly/2FoAMtR>

With the stunning Lake Ontario and downtown skyline as a backdrop, Radisson Admiral Hotel Toronto-Harbourfront is a top choice for travelers. The Radisson is less than two kilometres from Billy Bishop Toronto City Airport (YTZ) and is conveniently near Union Station and the Rogers Centre.

A downtown location on the harbourfront offers Radisson guests gorgeous views and convenient access to many of the city's most popular attractions, including the Eaton Centre shopping mall and the Royal Ontario Museum. Take a tour of the Hockey Hall of Fame to learn more about the country's beloved sport on the ice, then head to Rogers Centre or Air Canada Centre to attend an athletic event. The CN Tower is within walking distance of the hotel and draws millions of visitors each year.

Highlights will include:

- Team Dentist Course
- Presentations
- Hands on Workshops
- Social Events

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