



NEWSLETTER

VOL. 29, NO. 1

Academy for Sports Dentistry 33rd Annual Symposium



June 25-27, 2015
InterContinental Chicago
Magnificent Mile
Chicago, Illinois

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Academy for Sports Dentistry
2014-2015

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2014-2015
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2014-2017

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The Academy for Sports Dentistry, its officers and Board, are not responsible for the opinions, views or statements made in any essay, discussion or in the proceedings which are presented in *The Academy for Sports Dentistry Newsletter*.

The Academy for Sports Dentistry Newsletter is published tri-annually for its members. Comments and suggestions regarding the newsletter should be directed to Dr. Hans Stasiuk, Editor.



All Hands on Deck

W. Robert Howarth, DDS

Since our board meeting in November the board and committees have been working diligently. Here's a recap of their work.

2015-Symposium-Chicago – Jim Lovelace and his committee have almost finalized all speakers and activities.

2016-Symposium-Baltimore – We are eager to explore the possibilities to work with NATA who will be holding their meeting simultaneously. We are exploring the opportunities to provide lectures and hands on courses for ASD and NATA.

NATA – We are continuing to enhance our ASD/NATA referral program to connect certified team dentists with athletic trainers who need our help.

ASD/AGD – Sports Dentistry Publication-November 2015 – The AGD has asked ASD to collaborate in developing a special sports dentistry publication to include several topics of interest in sports dentistry. The committee under the leadership of Danette McNew has had several conference calls and the response for publications has been phenomenal. Over 20 authors have offered their support. Congratulations to Danette and her committee. I must personally thank Rick Knowlton for his coordination efforts with AGD to help get this going.

Online Services – ASD symposium attendees have the opportunity to access lectures from the San Diego meeting for free. Other dentists also can have the opportunity to take courses on-line

for CE credits for a fee. Dentists can take the Team Dentist course on-line but will have to take the workshops at future symposiums to become fully certified.

ASD-USOC –

1. With the help of Matt and Lynn Bick we have developed Dental Hygiene sheets for the Olympic athletes.
2. Official USOC dental applications are being updated to further certify the availability and data base of certified team dentists to treat our Olympic athletes.
3. In the near future the USOC is exploring the logistics of having ASD-certified team dentists go to an Olympic training site to fabricate custom mouthguards and possibly do dental screenings.

Regional Team Dentists Course - Danette McNew and her committee have been working on establishing a regional team dentist course in Dallas in 2015. From this event we can establish a template for future team dentist courses in other parts of the country.

As we see more need from NATA and the USOC we will need more ASD-Certified Team Dentists. Hopefully, with increased access through the 1. Symposium 2. Online courses and 3. Regional courses we can be successful in providing the expected demand. Therefore, we need **All Hands on Deck**, everyone needs to contribute.

Sincerely,
W. Robert Howarth DDS
President



Hans Stasiuk, DMD

Editor's Message

Reflections

In order to have space for all the information in this newsletter my report is a short one. Although I never met Mary Byers, our managing editor, I enjoyed working with her over the past year. She was worked with the ASD for the past fifteen years. Due to her busy lecture and travel schedule she has had to give up some of her extra duties. Unfortunately, that includes the ASD Newsletter. On a positive note, we have identified a new managing editor, her name is Sandi Steil. I look forward to working with Sandi. Welcome to our organization, Sandi.

Since becoming editor, I have wanted to have an article from our Historian in each Newsletter. Our Historian, Dr. Jack Winters has kindly written an article for this edition of the

Newsletter. It is about Dr William Heintz who is one of the founding members of the ASD. Hopefully, you will find the articles in the Historian's Corner interesting.

Please join us during the Symposium for our 3rd Annual Fun Run on June 26. Everyone is welcome!

Just like our Symposium Chair, Dr. Lovelace, I, too look forward to seeing you in Chicago and sharing some deep dish pizza and cleansers (beer). Maybe by the time we meet the Cubs will be in First Place!

Regards,
Hans



Back By Popular Demand

WHEN:

Friday, June 26, 2015
6:30 AM

WHERE:

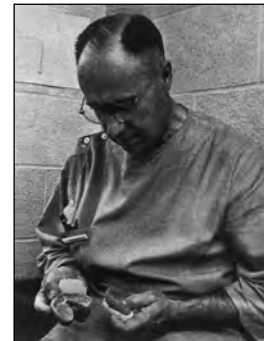
Streets of Chicago
and along Lake Michigan

DISTANCE:

3 Miles

William "Bill" Heintz, DDS

Founding Member of Academy for Sports Dentistry



William "Bill" Heintz, DDS



**ASD Historian
Jack Winters, DDS**

In the fall of 1961, I became a first year dental student in The College of Dentistry at Ohio State University. I had just passed the Ohio High School Football Officiating Test and received my license to officiate football on the Varsity level. I was introduced to Dr. William Heintz as he taught Removal Partial Dentures. Dr. Heintz and I developed a lifetime interest and relationship from that experience.

"Bill" Heintz's father was a German immigrant and physician in south side Columbus, Ohio. The area, then and to this day, is called German Village. Until the sixth grade the only language he knew and spoke was German. "Bill" was a good athlete. His best sport was track. He became a teammate of the great Jesse Owens at Ohio State University and when Jesse made the 1936 USA Olympic Track Team, William Heintz, then a dental student at Ohio State College of Dentistry, traveled to Berlin, Germany as coach and interpreter for the USA Team. He was with Jesse and spoke for him the day he won four Gold Medals (in the 100 meters, 200 meters, long jump, and the 400 relay). There was a claim that Hitler was highly annoyed by the accomplishments of the grandson of an American slave and refused to shake Jesse's hand, but in conversations with Dr. William Heintz years later, as a confidant and student, he told me that was not the case. He said there was a picture of Hitler and Jesse shaking hands. (Goggle Jesse Owens 1936 Olympics.)

As the team dentist for Ohio State University, Dr. Heintz became very interested in mouthguards and most specifically the sport of football. As his student, he introduced me to latex as a medium he was working with. He would paint the latex on a model of the player's upper dental arch and heat cure it.

In 1962, Dr. William Heintz, with the backing of the American Dental Association, got the National Alliance Football Rules Committee to adopt a rule stating: "Each player shall wear an intraoral mouth and tooth protection which includes an occlusal (protecting and separating the biting surface) and a labial (protecting the lip) portion." This rule mandated, for high school football, that mouth protection be a standard piece of equipment, just as important as a helmet, shoulder pads, and hip pads. The team would be penalized for failure to wear this piece of equipment. This was a first for team sports; that mouth protection be worn for the players to be eligible to participate. The Football Rules Committee of the National Collegiate Athletic Association (NCAA) did not adopt the Mouthguard Rule for football for eleven more years, in 1973. The concerns were that performance and speaking would be a problem. The committee changed their mind as Dr. William Heintz addressed the committee wearing and speaking with his mouthguard in place.

In 1983, Dr. Heintz was instrumental in establishing the Academy for Sports Dentistry, and at the ASD meeting in Columbus, Ohio in 1998 William Heintz, DDS, became the first member to be presented with the Academy of Sports Dentistry's Most Distinguished Member Award.

In subsequent issues, Dr. Winters will trace the history of The Academy for Sports Dentistry.



Symposium Chair

Report

Dr. Jim Lovelace

As the General Chairman for the 2015 Academy for Sports Dentistry Symposium, I would like to welcome you to Chicago. This is our 33rd Annual Meeting, which is being held at the Beautiful Hotel Intercontinental on the Magnificent Mile in downtown Chicago. I believe that our committee has put together a great line up of speakers.

We start off with the Team Dentist course on Thursday June 25th, which will be mediated by Dr. Steve Mills. For all interested in becoming a team dentist this course is an absolute must! We will have presentations ranging from the responsibility and tools required for a team dentist as well as the legal ramifications that go along with this role. We will also cover dental trauma and concussions, that may result from the sports' injuries. The team dentist course will also educate those regarding the medications a team dentist is allowed to prescribe for the athletes. At the conclusion of the course all participants will learn how to make a custom pressure laminated mouthguard during the hands on workshop.

The Symposium will then begin on Friday June 26th. We will begin with an understanding of Evidence Based Dentistry, the importance of proper scientific research, and the use of trial studies as relative to dentistry. Dr. Julie Frantsve-Hawley will help us to understand the ramifications of how a solid scientific approach will help us to better educate our athletes regarding many of the dental products of which they are inundated with on a daily basis. We will continue with another presentation in this field by Dr. Bob Weyant who will explain to us the importance of Evidence Based Dentistry as it applies to Sports Dentistry.

We will continue the day with quite a bit of local talent from the Chicago area. We will have a presentation about the risks and rewards that go along with the care of treating a professional athlete as presented by Dr. Chuck Bush-Joseph, Team Physician of the Chicago White Sox. This will be followed by a lecture on the Acute Care and Treatment of players on the Chicago Bulls by one of the members of their medical staff, Dr. Peter Chemello.

The afternoon session will continue with a local Board Certified Pediatric Dentist, Dr. Mira Albert who will educate us on the Treatment of the younger population from Tots to Teens. She will also give us an update on her involvement with the Team Smiles Foundation in conjunction with the Chicago Bears. The afternoon will finish with a Team Dentist from the Chicago Blackhawks, Dr. Russ Baer who will educate us on the Treatment of Missing Anterior Teeth in the Athlete and the use of Dental Implants. After Dr. Baer, we will be offering another hands-on workshop; it will be on various suturing fundamentals and techniques.

Saturday we will begin with a presentation by Mr. Bo Leonard who is the Head Athletic Trainer for the Chicago professional soccer team- The Chicago Fire. He will educate us on the medical staff role in professional sports from the Athletic Trainers' view. This will be followed by a presentation by Athletic Trainer Mr. Robert Ogar, who will educate us on the implementation of his mouthguard program for High School athletes. We will conclude the morning session with a presentation by Dena Garner, PhD, who will share with us her research on the importance of mouthpiece design and its effect on Oxygen and Carbon Dioxide Dynamics.

continued on next page

Symposium Chair Report

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The afternoon session will begin with Steven Broglio, PhD, ATC who will educate us on his research relative to the science and media of sport concussion. This will be followed by a presentation by Dr. Dan Brett and Dr. Adam Bartsch, Director of the Head and Spine research lab at The Cleveland Clinic, titled the Intelligent Mouthguard. We will conclude the Symposium with our Poster Presentations by some of the up and coming educators in the field of Sports Dentistry.

On the Social front we always look forward to our annual Recognition Luncheon where we pay tribute to Dr. Steve Mills for his steadfast dedication and commitment to the ASD. This is followed on Friday evening by our President's Reception. Back by popular demand will be Drs. Hans Stasiuk and Jan Chithalen who will be in charge of our Live and Silent Auction Items.

They will make sure to help you keep your hands up in the air and raise some money for the ASD Research and Education Fund. At the time of this publication, we are hoping to secure visits to the Chicago Sports Museum as well as an option of a night out at a local favorite comedy club-Second City.

As you can see we have a full schedule of education and fun for all!! This Symposium is an opportunity for those with an interest in Sports Dentistry to come together and share the knowledge, expertise and enthusiasm in the treatment and prevention of dento-facial trauma in our athletes. For our members, I encourage you to bring a colleague and expose them to all that the Academy for Sports Dentistry has to offer. I look forward to seeing all of my old friends as well as making some new friends. We can all benefit and learn from each other and discuss sports dentistry over some deep dish pizza and a few cleansers- Chicago style.

The ASD Needs YOU in 2015

The ASD Board wants to make the 2015 ASD Symposium the best-attended one ever! How can we make this happen?

We are calling on all past board members to attend next years' symposium. Since attending my first ASD Symposium in 1996 in Minneapolis there have been a lot of board members that I have crossed paths with over the past 18 years. Unfortunately, for various reasons, many of them

no longer attend our meetings. The ASD is appealing to all former board members and all other previous attendees to meet us in Chicago for a fun time of learning and socializing. If you know the whereabouts of any of these people I urge you to contact them and encourage them to meet us in the Windy City!

Regards,
Hans Stasiuk





Academy for Sports Dentistry 33rd Annual Symposium

June 25-27, 2015

**Intercontinental Chicago
Magnificent Mile
505 North Michigan Ave.
Chicago, IL 60611
(800) 628-2112
www.icchicagohotel.com
\$259.00 Single/Double**

The InterContinental Chicago Magnificent Mile, one of the most beautiful historic hotels in Chicago. Originally built in 1929 as the Medinah Athletic Club, a luxury men's club for members of the Shrine organization, the club fell victim to the stock-market crash and was forced to close its doors in 1934. InterContinental Hotels bought the property in 1988, and immediately began renovations. A quarter of a billion dollars and 12 years later, this truly magnificent hotel was re-introduced to Chicago.



With towering skyscrapers overlooking tulips on The Magnificent Mile, Opening Day baseball at Wrigley Field, and a stunning Millennium Park beginning to bloom — springtime in Chicago buzzes with energy and excitement.

Whether you're visiting Chicago for business or pleasure, you can expect to find world-class dining, attractions, entertainment, and hotels and accommodations here in the largest and most-visited city in the Midwest.

If you're looking for things to do in Chicago, look no further! Enjoy the great outdoors with a sightseeing tour on the river boats, a play date with the animals at Lincoln Park Zoo or a scenic ride on the Ferris Wheel at Navy Pier. Indoors, unwind at a leisurely pace at a luxurious spa, jet set through spectacular downtown shopping malls or cozy up to a bar for some craft cocktails. In Chicago, dining is an activity in itself, with over 5,500 restaurants that line the culinary landscape and boast star chefs and endless accolades.

Click here to view the 2014 Chicago Visitors Guide.
<http://www.mydigitalpublication.com/publication/?i=202037>

Please watch our website for additional information as it becomes available
www.academyforsportsdentistry.org
Or call (217) 227-3431

Photos courtesy of Choose Chicago and InterContinental Chicago

Highlights will include:

Team Dentist Course

Presentations

Mira Albert, DDS, MS - Board Certified Pediatric Dentist

Russ Baer, DDS - Dental Implant Specialist and Team Dentist for the Chicago Blackhawks

Charles Bush-Joseph, MD - Sports Medicine and Arthroscopic Orthopedic Surgical Specialist and lead team Physician for the Chicago White Sox

Pete Chemello, DDS, MS - Oral Surgeon and Team Dentist for the Chicago Bulls

Dena Garner, PhD - Associate Professor at The Citadel and researcher on the effect of mouthguards on performance enhancement

Asgeir Sigurdsson, DDS, MS - Chair and Associate Professor, Dept. of Endodontics, NYU School of Dentistry

Hands on Workshops

Mouthguard Workshop

Social Events

**Recognition Luncheon
President's Reception, Silent Auction**

**Mark your calendars!
This is a meeting that you won't want to miss!**