



# NEWSLETTER

VOL. 29, NO. 2



**Dr. Steve Mills**  
**2015 ASD**  
**Distinguished Member**

**President's  
Message**

Page 3

**Editor's  
Message**

Page 4

**Distinguished  
Member Profile**

Page 5

**Member Profile:  
Dr. Brian Sacks**

Page 6

**Historian's Corner**

Page 7

**Fellowship Award**

Page 8



Academy for Sports Dentistry  
2014-2015

OFFICERS

<b>PRESIDENT</b>	Dr. W. Robert Howarth 190 Greenbrook Rd. North Plainfield, NJ 07407
<b>PRESIDENT-ELECT</b>	Dr. James Lovelace 115 E. First Street Hinsdale, IL 60521
<b>SECRETARY</b>	Dr. Jeffrey Hoy 3440 W. Lomita Blvd., Ste. 340 Torrance, CA 90505
<b>TREASURER</b>	Dr. E. Jan Chithalen 118 Stinson Steet Hamilton, ON Canada L8N 1S5
<b>IMMEDIATE PAST PRESIDENT</b>	Dr. Richard Knowlton 102 W. High Street Elizabethtown, PA 17022

BOARD OF DIRECTORS

<b>ONE YEAR TERM 2014-2015</b>	
Dr. J. Kent Guebert 498 Brown Blvd. Bourbonnais, IL 60914	Dr. Wayne S. Nakamura 2523 S. Euclid Avenue Ontario, CA 91702

<b>TWO YEAR TERM 2014-2016</b>	
Dr. Edward Bick 5806A West 36th Street St. Louis Park, MN 55416	Dr. Danette McNew Baylor College of Dentistry 3302 Gaston Ave. Dallas, TX 75246

<b>THREE YEAR TERM 2014-2017</b>	
Dr. Jared W. Mosley 7055 N. Fresno Street Fresno, CA 93720	Dr. Jeffrey Laubmeier 14583 Madison Ave. Lakewood, OH 44107

<b>EDITOR</b>	<b>WEBSITE/SOCIAL MEDIA DIRECTOR</b>
Dr. Hans Stasiuk Box 836 Portage la Prairie Manitoba Canada R1N 3C3 OFF: 204.857.5041 Email: drhans@mts.net	Dr. Jeffrey Lloyd 9310 Baseline Rd. Rancho Cucamonga, CA 91701

<b>HISTORIAN</b>	<b>EXECUTIVE SECRETARY</b>
Jackson Winters, DDS 200 Lima Avenue Findlay, OH 45840	Ms. Shelly Lott Meeting Accomplished 118 Faye St. P.O. Box 364 Farmersville, IL 62533

2014-2015  
ASD COMMITTEES

Constitution & Bylaws

**Dr. Jeffrey Hoy, Chairman**  
Dr. Whitney Johnson  
Dr. J. Kent Guebert

Dr. Brett Dorney  
Dr. Jeff Lloyd  
Dr. Emilio Canal

Membership & Credentials

**Dr. Wayne Nakamura, Chairman**  
Dr. Edward Bick-recruitment  
Dr. J. Kent Guebert-retention  
Dr. Robert Howarth  
Dr. Andrew Arriola  
Dr. Richard Knowlton  
Dr. Jarod Mosley  
Dr. Kristopher Rappold  
Dr. Xavier Gutierrez

Student Affiliate Program Committee

**Dr. E. Jan Chithalen, Chairman**  
Dr. Hans Stasiuk  
Dr. Danette McNew  
Dr. Stephen Mills  
Dr. Mark Roettger  
Dr. Dave Kumamoto  
Dr. Michael Robinson  
Dr. Reginald Jewell  
Dr. Kristopher Rappold  
Dr. Jeffrey Laubmeir

Team Dentist Sub-Committee

**Dr. Steve Mills, Chairman**

Affiliation Committee

**Dr. Rick Knowlton,  
Chairman and Board Liaison**  
Dr. Robert Howarth  
Dr. Wayne Nakamura  
Dr. Jeff Lloyd

Fellowship Sub-Committee

**Dr. Richard Mariani, Chairman**  
Dr. Enrique Amy, Board Liaison  
Dr. Emilio Canal, Jr.  
Dr. Michael Messina

SOSS-Sub-Committee

**Jared Mosley, Co-Chairman**

Research and Education

**Dr. Danette McNew, Chairman**  
Dr. David Kumamoto  
Dr. Jack Winters  
Dr. Enrique Amy  
Dr. Mark Roettger  
Dr. Wayne Nakamura

USOC-Sub-Committee

**Jared Mosley, Co-Chairman**

NATA-Sub-Committee

**Paul Nativi, Co-Chairman**

Position Statements- Sub-Committee

**Dr. Brett Dorney, Chairman**  
Dr. Hans Stasiuk  
Dr. Richard Knowlton  
Dr. Jeffrey Hoy

Fundraising Committee (Corporate

Sponsorship)

**Dr. Emilio Canal, Chairman**  
Dr. Paul Nativi  
Dr. Jeff Lloyd  
Dr. Jeff Hoy

Publications

**Dr. Hans Stasiuk, Chairman, Newsletter**  
**Dr. Jeffrey Lloyd, Chairman, Website**  
Dr. Emilio Canal, Jr., Journal  
Dr. Stephen Mills

Annual Session

**James Lovelace, General Chairman**  
Dr. Rob Howarth  
Dr. Rick Knowlton  
Dr. Emilio Canal, Jr.  
Dr. Steve Mills  
Dr. Hans Stasiuk- Silent Auction  
Ms. Shelly Lott

Nomination Committee

**Dr. Jeffrey Lloyd, Chairman**  
Dr. Rick Knowlton  
Dr. James Lovelace

Past Presidents /

Strategic Planning Committee

**Dr. Paul Nativi – Chairman**  
Dr. David Kumamoto  
Dr. Alex Della Bella  
Dr. Stephen Mills  
Dr. Mark Roettger  
Dr. Enrique Amy

ACADEMY  
FOR SPORTS  
DENTISTRY  
Liaisons  
2014-2017

American Dental Association –  
Ms. Sharee Clough  
Academy of General Dentistry –  
Dr. Richard Knowlton  
Canada – Dr. E Jan Chithalen  
FIMS International Federation of Sports  
Medicine – Dr. Hans Stasiuk  
Joint Commission on Sports Medicine and  
Science – Dr. Jack Winters  
American Academy for Pediatric Dentistry  
– Dr. Andrew Spadinger  
International Association for Dental  
Traumatology – Dr. Emilio Canal  
ASTM International (Standards)  
National Collegiate Athletic Association –  
Dr. Jack Winters  
International Olympic Committee –  
Dr. Paul Piccininni  
American College of Sports Medicine –  
Dr. Stephen Mills

**MANAGING EDITOR**

Sandi Steil  
3085 Stevenson Drive, Suite 200  
Springfield, IL 62703  
OFF: 217.529.6503  
FAX: 217.529.9120  
Email: ssteil@associationcentral.org  
ACADEMY WEBSITE:  
www.academyforsportsdentistry.org



The Academy for Sports Dentistry, its officers and Board, are not responsible for the opinions, views or statements made in any essay, discussion or in the proceedings which are presented in *The Academy for Sports Dentistry Newsletter*.

*The Academy for Sports Dentistry Newsletter* is published tri-annually for its members. Comments and suggestions regarding the newsletter should be directed to Dr. Hans Stasiuk, Editor.



# Academy for Sports Dentistry - Commitment To Excellence

**Dr. James R. Lovelace, DDS**

I would like to take this opportunity to thank the Executive Board and the Nominating Committee for having the confidence in me to allow me to become the 33rd President of the Academy for Sports Dentistry. It is with great honor and humility that I accept this new role. I am excited for this opportunity and welcome the challenges that lie ahead.

It has been a privilege to work with so many talented and strong leaders of our Academy throughout my years on the Board. My predecessors truly deserve the credit for helping to prepare me for this position. I want to thank our outgoing President, Dr. Robert Howarth and the Board of Directors for their hard work and dedication to our organization. In fact, all past presidents and board members deserve our thanks for helping the Academy grow into the organization of which we can all be proud. I would also like to thank our Executive Director Ms. Shelly Lott who is truly one of the greatest assets of our organization.

In 1999, I attended my first ASD Symposium in Toronto. I was inspired and energized having learned facts and techniques from the leading authorities in sports dentistry. The ASD Symposium experience has given me the tools to further educate and treat my patients. Many of the members that I have met throughout the years have become good friends and I consider them part of my extended family which continues to grow in size. Each year I look forward to going to the Symposium as an opportunity to rekindle old friendships as well as make new ones.

I extend an invitation to all of our members for you to offer up your energy, ideas, and talents to help our Academy to continue to grow and strengthen. Our membership is the lifeline of the organization. I believe that we can all mentor each other and together further our education in the field of Sports Dentistry. We all need to continue to recruit new members which will help the organization to

prosper. To all new members, feel free to ask any of our board members past and present how you can get involved and use your special talents within the Academy.

As past Chairman of the 2015 Annual Symposium I hope all participants enjoyed the meeting in my hometown of Chicago. Thanks go out to all members of the Symposium committee who helped out with this endeavor. I know that the great line up of speakers were able to educate, stimulate and entertain us within their fields of expertise. I would also like to congratulate Dr. Steve Mills for being named our most distinguished member. His tireless work and dedication to our Academy is truly inspiring. Congratulations also go out to Dr. Jan Chithalen for achieving his Fellowship status within the Academy. This accreditation is an honor well-earned within our organization. I would also like to thank our sponsors and exhibitors whose loyal support is truly appreciated by the Academy and vital to the success of our Symposiums.

With 2016 being an Olympic year, I encourage all of our members to consider donating their services to athletes of the US Olympic Team. The opportunity to treat the dental needs of the US Olympic athletes is exclusive to all qualified members of the Academy who have completed our Team Dentist Course. This truly unique opportunity is an amazing benefit of the ASD.

The ASD will continue to strengthen our relationship with NATA (National Athletic Trainers Association). We had four Athletic Trainers present at our meeting this past June. Our 2016 ASD Symposium will be held in Baltimore in June, which will also be the host city for the annual NATA convention. ASD is hoping to continue to reciprocate with NATA and have speakers at their convention. This interactive relationship between our two groups will allow us to further educate our athletes regarding the use of properly fit pressure laminated mouthguards.

*continued on next page*

## Commitment To Excellence

continued from previous page

I look forward to this upcoming year as your President. The ASD has put together an exceptional board of directors of whose talents I plan to put to good use. Please visit our website for up-to-date news pertaining to the Academy. Feel free to further enhance your ASD experience through our discussion forums on the website.

This is a great way to communicate with fellow members about sport dentistry. Please don't hesitate to contact me with any comments or ideas you may have about the academy. This is your Academy and you have a voice, so let it be heard as we all strive to commit to excellence!

Thank you for your support,

James R Lovelace DDS



Hans Stasiuk, DMD

## *Editor's Message* **Reflections**

Once again, the ASD hosted a wonderful symposium. The speakers were excellent and the social events (both organized and spontaneous) were a lot of fun. It was great to be able to see my favorite baseball team play at home – the Chicago Cubs. Going to Second City Comedy Club was great, too. Chicago offers terrific nightlife and it was nice to go out to Rush and Division with some friends. As always, it was great to see old friends, familiar faces, and meet many new people. Every year after the symposium is over, I anxiously await next year's symposium as I always learn so much about Sports Dentistry and I love the friendships (especially over a few cold ones)!

I would like to thank Dr. James Lovelace and his symposium committee for all their hard work in both planning and hosting the symposium. I heard nothing but glowing comments from attendees. A big thank you is in order for our sponsors and exhibitors – without your generous financial support, our symposium would not be nearly as successful! The ASD is very gracious to everyone who donated items to both the live and silent auction. Also, thank you so much to those people who opened up their wallets and bid on items so that we could raise as much money as possible for the Research Fund.

Congratulations to Dr. Steve Mills who was

named the 2015 ASD Distinguished Member. He was very deserving of this award. I consider him to be a good friend and one of my mentors who I first met at an ASD Symposium in the late 1990's. He was my predecessor as ASD Editor and he has been extremely helpful whenever I ask him for assistance or guidance. There is a profile on him in this newsletter.

Another good friend of mine, Dr. Jan Chithalen successfully completed the requirements for the ASD Fellowship and he was awarded his plaque at this past year's symposium. You will find a profile on Jan in this newsletter.

I would also like to thank our outgoing President, Dr. Robert Howarth, who has been very committed to the ASD over the past several years. Robert represented the ASD very well over this past year and I am confident that he will continue to be that way as he has moved into his new role as Past President. I consider him to also be a good friend and a mentor.

In this issue's Historian's Corner, Dr. Jack Winters is appealing to our members to provide him with information and stories on our Charter Members. Please help him out if you are able!

SEE YOU NEXT YEAR IN BALTIMORE!

# Distinguished Member Profile



Dr. Stephen Mills

Dr. Mills is originally from Peekskill, New York and attended college at Westminister College in New Wilmington, PA where he received his B.S. in 1977. He then entered the SUNY at Buffalo School of Dentistry and earned his DDS in 1981. After three years on active duty in the US Army he worked to get his certificate in Pediatric Dentistry at the Department of Pediatric Dentistry of the University of Connecticut that he completed in 1987. He achieved board certification in Pediatric Dentistry in 1995. He continues to serve the American Academy of Pediatric Dentistry as a legislative liaison and on the AAPD's PAC Committee. In addition he serves as the AAPD's Public Policy Advocate for the state of Maine and serves on the independent From The First Tooth initiative that informs and educates physicians on oral health issues for small children.

He lives and practices pediatric dentistry in Scarborough, Maine. He lives with his wife of 34 years, Loretta and has three children; Andrew, Sarah, and Jenny.

Dr. Mills' current activities center on his interest in oral/facial injury treatment and prevention and his involvement with the Academy for Sports Dentistry. A past president and longtime board member of the ASD, Dr. Mills finished a six year commitment as the editor of the Newsletter of the ASD which appears in the journal Dental Traumatology. He continues to lecture and write widely on issues relating to sports and dentistry. In addition to his leadership connections with the ASD, Dr. Mills is a fellow of the Academy.

## What are your favorite sports to play?

I have always been a baseball player. My father was a high school coach and I have been around ball fields ever since I can remember. I did not however quite have the talent to become a pro (plus I decided to be a dentist). I did play four years of college baseball at a small college in Pennsylvania and did quite well. I continued to play in adult leagues in one way or another until I was 45. I also played football and

basketball in high school. Now, I play a lot of golf, I fool around with hockey (but I'm not very good), and occasionally tennis.

## What are your favorite college and pro teams?

I grew up a Mets fan, and still am though I don't get to see them very often. I have been indoctrinated into New England Sports and I love the Bruins, Sox and Patriots. I follow U Maine Hockey, and the colleges I work with.

## Do you help coach or are you a team dentist for any team?

I coached for one season for my daughter's softball travel team and that cured me of that. Loved the girls but the whole thing got tough and since I have to deal with kids and parents on a daily basis, I didn't have to do it on my spare time. I have more or less official connections with the University of New England in Biddeford, Maine and St Joseph College in Standish, Maine. I lecture to the Athletic training students at the U of New England and occasionally at the University of Southern Maine where athletic training is a major. Mostly I make mouthguards for athletes and I am on informal call for injuries. Small colleges are different than large ones but still have multiple teams playing simultaneously.

## Who do you credit your involvement in the ASD and what do you like about the ASD?

Dr. Mills credits his involvement in the Academy for Sports Dentistry and his ongoing interest in sports dentistry to his mentor and dear friend, the late Cosmo Castaldi, former chairman of the Department of Pediatric Dentistry at the University of Connecticut School of Dental Medicine. Dr. Mills has also been greatly influenced and educated by his close friendships with Dennis Ranalli, Jack Winters, Mark Roettger, Leslie Rye, Emilio Canal, Jeff Hoy and Enrique Amy along with many other friends he

*continued on next page*

## Distinguished Member Profile

continued from previous page

has made through his Academy connection. I could go on and on about why I love the ASD but mostly sports dentistry is an area of dentistry which interests me, sets me apart from other dentists, and keeps me connected with the world of sports and athletes which I love. I have made so many dear, dear friends over the years and because of the nature of our group, those friends feel like close friends who I can count on for anything. I started with ASD when it was a small group of interested guys and gals who got together to chat about "how I do this" or what do you

do when this happens. I have been so gratified to see the ASD become a much more scientific and legitimate dental/sports medicine organization with many high level connections. This has naturally occurred and shows no signs of slowing down. This has not however lessened the fun I have or the enthusiasm I feel from other members. I just hope that all members continue to embrace the true scientific nature of what we do and to continue this development of our area of sports medicine.



*Member Profile:*

# Dr. Brian Sacks

I was born and raised in Montreal, Quebec and received my DDS degree from McGill University in 1978. I remained in Montreal to complete a General Practice Residency at the Jewish General Hospital in 1979. After finishing my residency, I moved to Calgary, Alberta where I have been in private practice for the past 36 years.

I have always been keenly interested in sports and loved the thought of being involved with a professional sports team. In 1985, when Calgary was awarded a AAA Baseball team, I approached the team inquiring if they had a need for a Team Dentist. Unexpectedly, a few weeks later I received a call offering me the opportunity to become Team Dentist for the Calgary Cannons Baseball Club of the Pacific Coast League. I spent 17 years as their Team Dentist until the team was relocated to Albuquerque, New Mexico in 2002. Being a team dentist for a baseball team can be a big commitment due to the large number of games, although it wasn't imperative that I was present at all games. These players spent 5 ½ months in Calgary away from their winter homes. Most of the dentistry provided to them was mostly general dental care and emergencies. There were only a few problems that occurred during a ball game due to the minimal contact in the sport.

After the Cannons left town, I spent 6 seasons as the Team Dentist for the Calgary Vipers Baseball Club of the Northern League. I am currently in my 13th season as Team Dentist for the Calgary Roughnecks of the National Lacrosse League. Lacrosse is a very rough contact sport. The type of dentistry that I provide changed to fabricating custom mouthguards for the players and dealing with in-game injuries. My presence is required at all games.

I found out about the Academy for Sports Dentistry in 1997 while surfing the Internet. I figured this was right up my alley and joined. I attended my first ASD Symposium in 2002 and now annually look forward to this event. I have met many wonderful people from all over the world at these Symposiums and have now developed friendships with many of them. This annual event provides an opportunity to meet other Team Dentists, compare notes on our experiences working with athletes and of course, the continuing education.

When I am away from dentistry, I love spending time with my family, playing golf and baseball. I also enjoy an escape from the cold Canadian winters.



Jack Winters, DDS

## Historian's Corner

# Academy for Sports Dentistry Members:

### I NEED YOUR HELP PLEASE!

I am planning to write a series on the History of ASD. We were founded in 1983. My first meeting was in 1991 at the invitation of my Mentor Dr. William Heintz. I have inherited his papers and nine boxes of files and am sorting through them as time permits.

The organizational meetings were held in Austin, Texas and hosted by Dr. Robert Morrow. I have a list of 42 Charter Members and a list of the Past Presidents who are Charter Members. I would appreciate an email from any of our past and present members on your early memories about our organization, the Charter Members and the cities where the meetings were held.

The Mission Statement may have been altered

slightly in the new century, but basically the intent was the same as it was in 1983:

“ Sports Dentistry” involves the prevention and treatment of orofacial athletic injuries and related oral diseases, as well as the dissemination of information on dental athletic injuries and the encouragement of research in the prevention of such injuries.”

Let me hear from you! Please email me your thoughts about your introduction to our Academy for Sports Dentistry and information you that you might have on any deceased members.

Jack Winters DDS  
ASD Historian  
Email: win58@woh.rr.com  
Enrique Amy

## ASD CHARTER MEMBERS

Richard Barry	Donald W. Peterson*
Dan F. Bida	Metodi C. Pogoncheff
Matthew J. Campbell	Dale C. Propson
Cosmo R. Castaldi *	C.J. Regula
Stacy Cole	Douglas L. Roeser
Robert H. Fredrickson	Fredrick L. Roeser
H. Hugh Gardy	Mark Roettger
William Godwin	Edward L. Rich
Michael Green	Howard Salob
David W. Hamula	Richard K. Shelly
William D. Heintz	John Stanger*
W.Robert Howarth	Peter S.H.Tay
John Ichiuji	Rex Thompson
Les Latner	Randall H. Toi
T.R. Lawson	Michael T. Varallo
Robert Morrow	George E. Warren
Thomas O. Morse	Edwin Whitman*
William Olin	Art W. Wood*
Ray R. Padilla	Edgar Zimmerman
H.J. Peter Patrick	

### Charter Members who were Presidents

1983-1984	* William D. Heintz
1984-1985	* William D. Heintz
1985-1986	William Godwin
1987-1988	Robert Morrow
1988-1989	H. Hugh Gardy
1989-1990	*Arthur W.Wood
1990-1991	*Cosmo R. Castaldi
1991-1992	*Edwin J Whitman
1994-1995	Donald W Peterson
1998-1999	Mark Roettger
2002-2003	Enrique Amy
2010-2011	Ray Padilla
2014-2015	Rob Howarth





**Dr. Jan Chithalen**

# Fellowship Award

In 2015, one ASD member was awarded the ASD Fellowship.

Dr. Jan Chithalen lives in Hamilton, Ontario. He is a 1994 graduate of University of Toronto, with the Degree of Doctor of Dental Surgery. After graduation from U of T, Dr. Chithalen spent one year at the Hamilton General Hospital as a Dental Resident and in 1995 began working as an associate with his father, Dr. J.F. Chithalen. He

has a special interest in Sports Dentistry where he is the Team Dentist for the Hamilton Bulldogs Hockey Team, the Hamilton Tiger Cats Football Team and the Toronto Rock Lacrosse Team. Dr. Chithalen joined the ASD in 2005.

For further information on the ASD Fellowship Award please refer to the Academy's website – [www.academyforsportsdentistry.org](http://www.academyforsportsdentistry.org)



## Academy for Sports Dentistry 34th Annual Symposium

**June 23-25, 2016**

**Renaissance Baltimore  
Harbor Place  
202 East Pratt Street  
Baltimore, MD 21202  
(888) 236-2427  
\$229.00 Single/Double**

Renaissance Baltimore Harborplace Hotel sits poised in Baltimore's famous Inner Harbor, offering luxurious guest rooms and suites – many with harbor views. You'll get equally dramatic water views at Watertable, our fine dining restaurant featuring menus inspired by regional producers and ingredients.

With our hotel's location overlooking the Inner Harbor, you're perfectly positioned to discover Baltimore's most iconic sights. For an insightful overview of the area's history, we can point you in the direction of Baltimore Heritage Walk. You can also go on foot to many of Baltimore's most famous restaurants and attractions.

Baltimore is a year-round vacation destination filled with experiences that appeal to travelers of all interests. From free museums and unforgettable dining experiences to strolls along the Inner Harbor and afternoons at Camden Yards - Baltimore's attractions leave visitors wanting more.

The Babe Ruth Birthplace museum, which closed for a few months for renovations, is scheduled to open on Orioles Opening Day (April 10, 2015) with improved public access to exhibits and other parts of the building. The museum will also present "Babe Ruth: 100 Years," a permanent exhibit to celebrate Babe Ruth entering professional baseball a century ago, with rare artifacts such as the scorebook from his first game with the then minor league Baltimore Orioles.



Click here to view the 2015 Baltimore Visitors Guide.  
<http://guide.baltimore.org/>

Please watch our website for additional information as it becomes available  
[www.academyforsportsdentistry.org](http://www.academyforsportsdentistry.org)  
Or call (217) 227-3431

Photos courtesy of Renaissance Baltimore Harbor Place and Visit Baltimore



**Highlights will include:**

### Advanced Team Dentist Course

#### Presentations

#### Hands on Workshops

Mouthguard Workshop

#### Social Events

Recognition Luncheon

President's Reception, Silent Auction



**Mark your calendars!  
This is a meeting that you won't want to miss!**