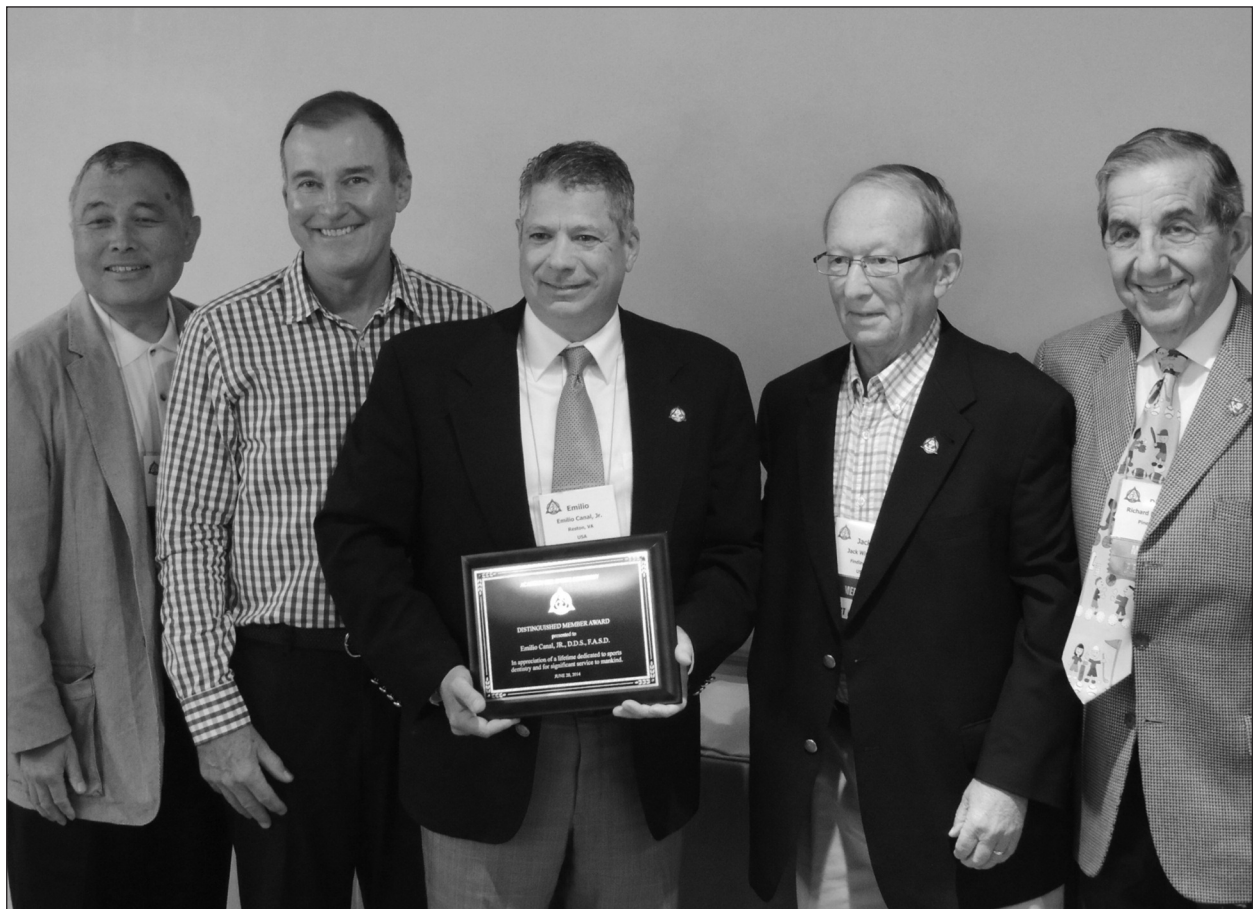




# NEWSLETTER

VOL. 28, NO. 2

## 32nd Annual Symposium



*Distinguished Member Award Dr. Emilio Canal (center) shown with (from left to right) Drs. Dave Kumamoto, Brett Dorney, Jack Winters, and Dick Mariani.*

### **President's Message**

Page 3

### **Editor's Message**

Page 5

### **ASD Represented at Three Important Sports Medicine and Dentistry Meetings**

Pages 6 & 7

### **32nd Annual Symposium Highlights**

Pages 7 & 8

# Academy for Sports Dentistry 2014-2015 OFFICERS

<b>PRESIDENT</b>	Dr. W. Robert Howarth 190 Green Brook Rd. North Plainfield, NJ 07407
<b>PRESIDENT-ELECT</b>	Dr. James Lovelace 115 E. First Street Hinsdale, IL 60521
<b>SECRETARY</b>	Dr. Jeffrey Hoy 3440 W. Lomita Blvd., Ste. 340 Torrance, CA 90505
<b>TREASURER</b>	Dr. E. Jan Chithalen 118 Stinson Steet Hamilton, ON Canada L8N 1S5
<b>IMMEDIATE PAST PRESIDENT</b>	Dr. Richard Knowlton 102 W. High Street Elizabethtown, PA 17022

## BOARD OF DIRECTORS

### ONE YEAR TERM 2014-2015

Dr. J. Kent Guebert 498 Brown Blvd. Bourbonnais, IL 60914	Dr. Wayne S. Nakamura 2523 S. Euclid Avenue Ontario, CA 91702
---	---

### TWO YEAR TERM 2014-2016

Dr. Edward Bick 5806A West 36th Street St. Louis Park, MN 55416	Dr. Danette McNew Baylor College of Dentistry 3302 Gaston Ave. Dallas, TX 75246
---	---

### THREE YEAR TERM 2014-2017

Dr. Jared W. Mosley 7055 N. Fresno Street Fresno, CA 93720	Dr. Jeffrey Laubmeier 14583 Madison Ave. Lakewood, OH 44107
--	---

### EDITOR

Dr. Hans Stasiuk  
Box 836  
Portage la Prairie  
Manitoba Canada R1N 3C3  
OFF: 204.857.5041  
Email: drhans@mts.net

### WEBSITE/SOCIAL MEDIA DIRECTOR

Dr. Jeffrey Lloyd  
9310 Baseline Rd.  
Rancho Cucamonga,  
CA 91701

### HISTORIAN

Jackson Winters, DDS  
200 Lima Avenue  
Findlay, OH 45840

### EXECUTIVE SECRETARY

Ms. Shelly Lott  
Meeting Accomplished  
118 Faye St.  
P.O. Box 364  
Farmersville, IL 62533

# 2013-2014 ASD COMMITTEES

### Constitution & Bylaws

**Dr. Jeffrey Hoy, Chairman**  
Dr. Whitney Johnson  
Dr. J. Kent Guebert

### Membership & Credentials

**Dr. Wayne Nakamura, Chairman**  
Dr. Edward Bick-recruitment  
Dr. J. Kent Guebert-retention  
Dr. Robert Howarth  
Dr. Andrew Arriola  
Dr. Richard Knowlton  
Dr. Jarod Mosley  
Dr. Kristopher Rappold  
Dr. Xavier Gutierrez

### Team Dentist Sub-Committee

Dr. Steve Mills, Chairman

### Fellowship Sub-Committee

**Dr. Richard Mariani, Chairman**  
Dr. Enrique Amy, Board Liaison  
Dr. Emilio Canal, Jr.  
Dr. Michael Messina

### Research and Education

**Dr. Danette McNew, Chairman**  
Dr. David Kumamoto  
Dr. Jack Winters  
Dr. Gerald Maher  
Dr. Enrique Amy  
Dr. Mark Roettger  
Dr. Wayne Nakamura  
Dr. Amin Babul

### Position Statements- Sub-Committee

**Dr. Brett Dorney, Chairman**  
Dr. Hans Stasiuk  
Dr. Richard Knowlton  
Dr. Jeffrey Hoy

### Publications

**Dr. Hans Stasiuk, Chairman**, Newsletter  
**Dr. Jeffrey Lloyd, Chairman**, Website  
Dr. Emilio Canal, Jr., Journal  
Dr. Stephen Mills

### Annual Session

**Dr. Andrew Arriola, General Chairman**  
Dr. Rick Knowlton  
Dr. Jeff Lloyd  
Dr. Paul Nativi  
Dr. Emilio Canal, Jr.  
Dr. Steve Mills  
Dr. Rob Howarth  
Dr. Hans Stasiuk- Silent Auction  
Ms. Shelly Lott

### Nomination Committee

**Dr. Jeffrey Lloyd, Chairman**  
Dr. Rick Knowlton  
Dr. Rob Howarth

### Past Presidents /

**Strategic Planning Committee**  
**Dr. Paul Nativi – Chairman**  
Dr. David Kumamoto  
Dr. Alex Della Bella

Dr. Stephen Mills  
Dr. Mark Roettger  
Dr. Enrique Amy  
Dr. Brett Dorney  
Dr. Jeff Lloyd  
Dr. Emilio Canal

### Student Affiliate Program Committee

**Dr. E. Jan Chithalen, Chairman**  
Dr. Hans Stasiuk  
Dr. Danette McNew  
Dr. Stephen Mills  
Dr. Mark Roettger  
Dr. Dave Kumamoto  
Dr. Michael Robinson  
Dr. Reginald Jewell  
Dr. Kristopher Rappold  
Dr. Jeffrey Laubmeier

### Special Olympics/

**Special Smiles Committee**  
**Dr. Rick Knowlton,**  
**Chairman and Board Liaison**  
Dr. Robert Howarth  
Dr. Lily Lim

### Fundraising Committee (Corporate Sponsorship)

**Dr. Emilio Canal, Chairman**  
Dr. Paul Nativi  
Dr. Jeff Lloyd  
Dr. Jeff Hoy

### Development Committee with International Association of Dentistry,

**Sport and Trauma:**  
**Dr. Emilio Canal, Jr., Chairman**  
Dr. Paul Piccininni

## ACADEMY FOR SPORTS DENTISTRY Liaisons 2014-2016

American Dental Association –  
Ms. Sharee Clough  
Canada – Dr. Jan Chithalen  
FIMS International Federation of Sports  
Medicine – Dr. Hans Stasiuk  
Joint Commission on Sports Medicine  
and Science – Dr. Jack Winters  
American Academy for Pediatric  
Dentistry – Dr. Andrew Spadinger  
International Association for Dental  
Traumatology – Dr. Emilio Canal  
National Athletic Trainers Association –  
Dr. Paul Nativi  
ASTM International (Standards) –  
Dr. Mark Roettger  
National Collegiate Athletic Association –  
Dr. Jack Winters  
International Olympic Committee –  
Dr. Paul Piccininni  
American College of Sports Medicine –  
Dr. Hans Stasiuk



The Academy for Sports Dentistry, its officers and Board, are not responsible for the opinions, views or statements made in any essay, discussion or in the proceedings which are presented in *The Academy for Sports Dentistry Newsletter*.

*The Academy for Sports Dentistry Newsletter* is published tri-annually for its members. Comments and suggestions regarding the newsletter should be directed to Dr. Hans Stasiuk, Editor.

### MANAGING EDITOR

Mary Byers  
315 Bristol Rd., Chatham, IL 62629  
OFF: 217.483.8836  
FAX: 973.737.0283  
Email: marybyers@comcast.net  
ACADEMY WEBSITE:  
www.academyforsportsdentistry.org



# An Honor and Privilege

**Robert Howarth, DDS**

It is an honor and privilege to serve as the President of the Academy for Sports Dentistry. I look to the upcoming year with excitement.

I would like to thank outgoing president, Dr. Rick Knowlton, and the Board of Directors for their hard work and dedication. In fact, all past presidents and board members deserve our thanks. I hope to continue their tradition and serve in their spirit. I would also like to thank our executive director, Shelly Lott. She is, without a doubt, one of the greatest assets this organization possesses.

It doesn't seem possible that in 1983 I received a simple postcard from Jim Gallaman who was the secretary/treasurer for a new organization called the Academy for Sports Dentistry. This society was organized at a sports dentistry continuing education seminar at the University of Texas at San Antonio Dental School, June 24-25, 1983. The constitution required charter member dentists to pay an initiation fee of \$25.00. In retrospect, the \$25.00 was well spent. It was the initiative of the first president, William Heintz, DDS, and president-elect William Goodwin, DDS, that got the ball rolling. Although many things may have changed over time, the basic core values and goals of the ASD have remained the same. It is a multi-disciplinary organization bringing individuals of different backgrounds together. We are able to share experiences and knowledge regarding sports dentistry and dental injuries to athletes.

As a young dentist in private practice, I knew that I wanted sports dentistry/mouth guard fabrication to become part of my practice. I didn't know where to go until the Academy for Sports Dentistry was

founded. Over the years, ASD has provided guidance and support to dentists. I have been guided by individuals who taught me the skills and gave me the confidence to provide custom mouth guards to my local high school for the past 25 years. These mentors were serving high schools, colleges or professional sports teams with the goal to help each other become better sports dentists.

As we embark on the 31st year of ASD, we need to expand upon many initiatives which have been started.

## WEBSITE

We have updated the website to help our members better communicate with each other. Our new online chat forum allows us to share information.

## MENTOR PROGRAM

As new members become involved with the Academy, they need guidance that will help them become better sports dentists. The team dentist course and Symposium provide valuable sources of information. Moreover, to be able to work with a mentor one on one is extremely helpful.

## NATA

We are working to increase our visibility and communication with Athletic trainers.

## USOC

We have continued to expand the US Olympic/ASD affiliation. There have been several ASD dentists who have provided services to our USA athletes, including custom pressured laminated mouth guards.

*continued on page 4*

## PRESIDENT'S MESSAGE *continued from page 3*

Like any organization, membership is our lifeline. We must constantly strive to recruit new members by touting the benefits of ASD membership. I challenge you to get involved with the organization. Our organization is only as good as the sum of all

members, not just a few. We can do this by maintaining our communication and support.

Sincerely,  
Robert Howarth



## Academy for Sports Dentistry 33rd Annual Symposium

### June 25-27, 2015

**Intercontinental Chicago  
Magnificent Mile  
505 North Michigan Ave.  
Chicago, IL 60611  
(800) 628-2112  
[www.icchicagohotel.com](http://www.icchicagohotel.com)  
\$259.00 Single/Double**

The InterContinental Chicago Magnificent Mile, one of the most beautiful historic hotels in Chicago. Originally built in 1929 as the Medinah Athletic Club, a luxury men's club for members of the Shrine organization, the club fell victim to the stock-market crash and was forced to close its doors in 1934. InterContinental Hotels bought the property in 1988, and immediately began renovations. A quarter of a billion dollars and 12 years later, this truly magnificent hotel was re-introduced to Chicago.



With towering skyscrapers overlooking tulips on The Magnificent Mile, Opening Day baseball at Wrigley Field, and a stunning Millennium Park beginning to bloom — springtime in Chicago buzzes with energy and excitement.

Whether you're visiting Chicago for business or pleasure, you can expect to find world-class dining, attractions, entertainment, and hotels and accommodations here in the largest and most-visited city in the Midwest.

If you're looking for things to do in Chicago, look no further! Enjoy the great outdoors with a sightseeing tour on the river boats, a play date with the animals at Lincoln Park Zoo or a scenic ride on the Ferris Wheel at Navy Pier. Indoors, unwind at a leisurely pace at a luxurious spa, jet set through spectacular downtown shopping malls or cozy up to a bar for some craft cocktails. In Chicago, dining is an activity in itself, with over 5,500 restaurants that line the culinary landscape and boast star chefs and endless accolades.

Click here to view the 2014 Chicago Visitors Guide.  
<http://www.mydigitalpublication.com/publication/?i=202037>

Please watch our website for additional information as it becomes available  
**[www.academyforsportsdentistry.org](http://www.academyforsportsdentistry.org)**  
Or call (217) 227-3431

Photos courtesy of Choose Chicago and InterContinental Chicago

### Highlights will include:

#### Team Dentist Course

##### Presentations

**Mira Albert, DDS, MS** - Board Certified Pediatric Dentist

**Russ Baer, DDS** - Dental Implant Specialist and Team Dentist for the Chicago Blackhawks

**Charles Bush-Joseph, MD** - Sports Medicine and Arthroscopic Orthopedic Surgical Specialist and lead team Physician for the Chicago White Sox

**Pete Chemello, DDS, MS** - Oral Surgeon and Team Dentist for the Chicago Bulls

**Dena Garner, PhD** - Associate Professor at The Citadel and researcher on the effect of mouthguards on performance enhancement

**Asgeir Sigurdsson, DDS, MS** - Chair and Associate Professor, Dept. of Endodontics, NYU School of Dentistry

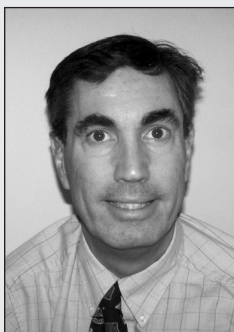
#### Hands on Workshops Mouthguard Workshop

##### Social Events

**Recognition Luncheon  
President's Reception, Silent Auction**

**Mark your calendars!  
This is a meeting that you won't want to miss!**





**Hans Stasiuk, DMD**

# *Editor's Message* **2014** **ASD Symposium**

Wow! What a great symposium we had in San Diego. As I reflect back on what I enjoyed most about San Diego it was seeing my "ASD family" again. I feel truly blessed to have been a part of such an outstanding organization for the past 18 years. The day after the symposium ends I start thinking about next year's symposium. I truly enjoy reconnecting with all my colleagues and meeting new members as we expand "our family". The lectures, exhibits and social events are always very good; however, it is all of you who make me so proud to be associated with the ASD.

I would like to send out a big thank you to the General Chairman of the symposium, Dr. Andrew Arriola as well as all his committee members. Our annual symposium would not be possible if it was not for all our very generous and supportive exhibitors and sponsors. A big thank you goes out to our Executive Director, Shelly Lott, who works tirelessly for the ASD, as well as her sister-in-law, Kristen Lott who helps out at the symposium. They always have a smile on their face and they are a pleasure to work with.

I would also like to thank our spouses who either accompany us to the symposium or who remain at home to look after our families. I truly appreciate that my wife understands how important it is for me to go to the ASD symposium every year.

Dr. Rick Knowlton, our Past President, did a great job over the past year. Thank you for all the time and sacrifice you spent over the past year dedicated to the ASD. I have had the pleasure of knowing our new president, Dr. Robert Howarth, for over fifteen years. I have learned a lot from him and no doubt, with his knowledge and enthusiasm, he will make an outstanding president. He has "big shoes to fill" but I am confident that he will

make the ASD proud of him just like his predecessors have done.

Congratulations to the 2014 ASD Distinguished Member, Dr. Emilio Canal. No one is more dedicated to the Academy than Dr. Canal. He has made numerous contributions over the years that have enhanced the ASD. I have a soft spot in my heart for Emilio because he was the one who got me involved with the ASD committees. In 1999, at the ASD symposium in Toronto, Canada, Emilio asked me to be the Canadian Liaison and the Website Coordinator. I am grateful to him and inspired by his love for the ASD.

As an ASD Fellow since 2006, I would like to welcome Dr. Robert Ogar and Dr. Brian Sachs into the ASD Fellowship Program. Your fellowship is an indication of your dedication to the field of Sports Dentistry. Congratulations on your achievement.

It was a pleasure to see and to meet so many new members. I am also always pleased to see so many attendees from outside of Canada and the USA. We have true representation throughout the world. It is also nice to have so many non-dentists in attendance - athletic trainers, dental assistants, dental hygienists, and dental students. Thank you for your support of the ASD.

If you have any suggestions for the newsletter or website, or if you would like to contribute an article or photos, please feel free to contact me by email at [drhans@mts.net](mailto:drhans@mts.net).

Lastly, I want to say that I thoroughly enjoyed socializing with so many of you. You are my inspiration to continue to support the ASD and the Annual Symposium!

# The Academy for Sports Dentistry Represented at Three Important Sports Medicine and Dentistry Meetings

The American Dental Association and its Council On Access Prevention and Interprofessional Relations (CAPIR) held a "Prevention Summit" on November 18-20, 2013 at the ADA Headquarters in Chicago, Illinois. Dr. Leslie Rye, past president of ASD, participated as a co-presenter and resource person. This meeting represented a coming together of knowledgeable persons to develop a nationwide approach to "prevention related oral health" and to formulate effective prevention programs. Dr. Rye presented in the section on Prevention of Oro-facial injuries. This group emphasized the need to work with community groups, athletic groups, and other groups with common objectives from the grass roots. Features of these efforts emphasized the need to keep the programs simple and to develop a wide support base. Example programs suggested were sports mouthguard programs to reduce athletic injuries and hospital education programs to reduce falls in an aging population. A positive correlation was demonstrated in the reduction of orofacial injuries in automobile accidents due to seatbelts and airbags.

Coincidentally, the National Athletic Trainer's Association hosted The Fifth Annual Youth Sports Safety Alliance's Sport Safety Summit in Washington, DC on March 10-12, 2014 along many of the same themes of prevention. Dr. Rye represented the ASD this year after Dr. Emilio Canal had performed this role for the previous three years. This gives ASD the opportunity to network with the many national organizations that make up the Alliance to focus on common goals of sports safety.

There were many highlights during this three-day event, including:

- The wonderful opportunity for ASD to be seen and present itself to a wide variety of organizations with common interest.

- Dr. Rye had the opportunity to speak to Dr. Dawn Comstock, associate professor, epidemiology, Colorado School of Public Health at the University of Colorado, regarding data collection and sharing. If we have members interested in research in this area, her group is a resource. We discussed how data collection is limited and more ideas and resources are needed in this area. This is a door we truly should keep open in the pursuit of evidence-based conclusions.
- Dr. Brian Hainline has been appointed as a chief medical officer in the NCAA. Dr. Hainline stole the show with his concern and dedication for health, safety and wellness of the athletes. He made it very clear that this is an NCAA priority.

See more about the 5th annual YSSA symposium at the website: [www.youthsportssafetyalliance.org/summits](http://www.youthsportssafetyalliance.org/summits).

Finally, a first-of-its-kind meeting was held at the University College London in London, UK on April 4, 2014 titled "Oral Health and Performance in Sport." This event was based on information gathered at the dental clinics of the 2014 London Summer Olympics which demonstrated a widespread and extreme need for routine dental care among participating athletes. The findings were first published by Ian Needleman, Paul Ashley and others in an article titled "Oral health and impact on performance of athletes participating in the London 2012 Olympic Games: a cross-sectional study (Brit J Sports Med 2013;47: Pp1054-1058). The article led the two lead authors to create the meeting to explore the connection of the oral health of elite athletes and their athletic performance.

The one-day program featured ten different speakers with topics including an evidence-based

*continued on page 7*

# Three Important Sports Medicine and Dentistry Meetings

*continued from previous page*

discussion of the oral health of elite athletes, the psychosocial impact of oral health, inflammation and athletic performance and sports nutrition. At the conclusion of the formal presentations an audience discussion was held followed by a group panel question and answer session. These would be used to help formulate a symposium consensus statement.

Dr. Leslie Rye, continuing her busy year in service to the ASD, and Dr. Steve Mills represented the Academy for Sports Dentistry at the symposium. ASD has long supported pre-season oral health screening, overall oral health and athletic readiness to compete, but this meeting represents the first effort to try to connect oral health status with overall athletic performance. An article on the

event can be seen at <http://www.bbc.com/news/health-26885343>.

Drs. Rye and Mills were graciously hosted by Peter Fine of UCL who runs a yearlong course on sports dentistry. This experience could and should lead to future collaboration between sports dentists of both the Academy and the UK to broaden the ASD's worldview of sports dentistry.

Attendance at all three of these meetings, along with the ongoing connection to the Joint Commission of Sports Medicine, shows the high esteem in which ASD is held by the sports medicine world, both nationally and internationally.

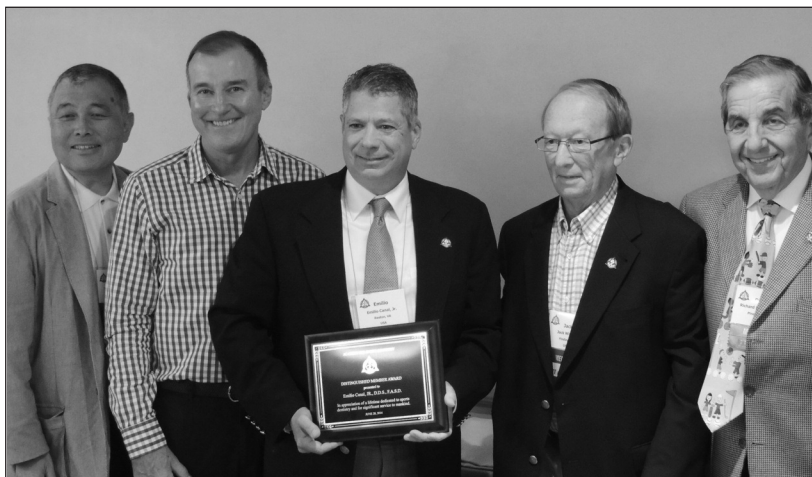
---

## Dr. Emilio Canal Honored with 2014 Distinguished Member Award

Dr. Emilio Canal completed his undergraduate studies at the University of Miami, Florida. He then received his Doctor of Dental Surgery degree from Georgetown University School of Dentistry in 1990. Dr. Canal joined the ASD in 1990. He served as ASD president in 2000 and 2009. He has also served as treasurer for ASD. In 1997 and 2010 he was the chair of the ASD Symposium in Washington, DC.

Dr. Canal serves as dentist for the following teams:

- 8 Major League Soccer team D.C. United
- U.S. Soccer Federation teams
- South Lakes High School
- Oakton High School
- U.S. Women's Lacrosse (both Elite and Developmental teams)

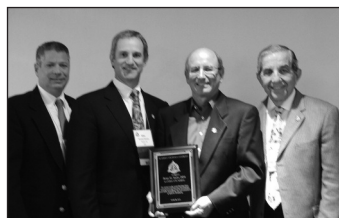


*Distinguished Member Award  
Dr. Emilio Canal (center)  
shown with (from left to right)  
Drs. Dave Kumamoto, Brett  
Dorney, Jack Winters, and  
Dick Mariani.*

Dr. Canal is a Member of the U.S. Lacrosse Sports Science and Safety Committee, and is on the U.S. Soccer Federation Medical Advisory Committee. He is a Fellow of the Academy for Sports Dentistry.



# 2014 ASD Symposium - San Diego

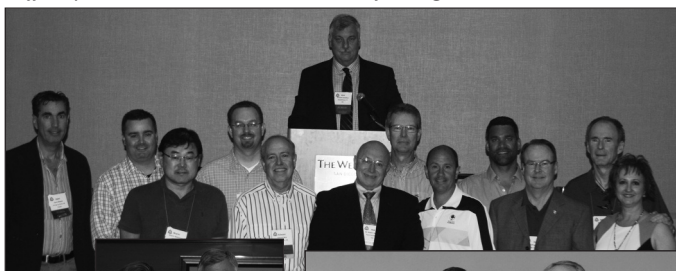


2014-2015 ASD Board (front row left to right) Drs. Wayne Nakamura, Ed Bick, Robert Howarth, James Lovelace, Jeff Lloyd, Danette McNew; second row left to right Drs. Hans Stasiuk, Jared Mosley, Jeffrey Laubmeier, Kent Guebert, Jan Chithalen, Jeff Hoy; back row Dr. Rick Knowlton)

2014 ASD Fellow Inductees: Dr. Brian Sacks is inducted as a fellow (left to right Drs. Emilio Canal, Mike Messina, Brian Sacks, and Dick Mariani)



Dr. Paula Jewel won the World Series trip sponsored by Dentsply (left to right Kathy Artman, Dentsply, Dr. Paula Jewel, Dr. Rick Knowlton)



2014 ASD Fellow Inductees: Athletic Trainer Robert Ogar is inducted as a fellow (from left to right Drs. Emilio Canal, Mike Messina, Robert Ogar, and Dick Mariani)

Several new members attended the meeting.



Student Poster Presentation Winners (left to right Justin Chi, Dr. Danette McNew, Dr. Wayne Nakamura, Ankit Keshav, Dr. Rick Knowlton)



Overseas Attendees (excluding Canada)

President's reception provided time for fun and fellowship



Dr. Brett Dorney, Mr. Cory Warner, Dr. Jeff Lloyd, and Dr. William Moreau.



Dr. Doug Lambert



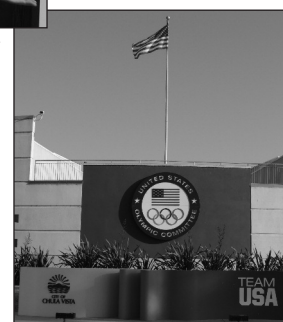
The Dream Team



A reception at the United States Olympic Training Center in Chula Vista, California.



President's reception attendees



United States Olympic Training Center in Chula Vista, California