



NEWSLETTER

VOL. 26, NO. 2

2011 Distinguished Member award recipients Dr. Richard Mariani, Sr. and Dr. Emilio Canal, Jr.



President's Message

Page 3

Transitions

Page 5

It's About Time

Page 4

Winning in Las Vegas the 29th Annual Symposium

Pages 6-7

Academy for Sports Dentistry
2010-2011

OFFICERS

PRESIDENT	Dr. Ray Padilla 14650 Aviation Blvd., Suite 150 Hawthorne, CA 90250
PRESIDENT-ELECT	Dr. Paul Nativi 1009 Berry Lane Edwardsville, IL 62025
SECRETARY	Dr. Hans M. Stasiuk Box 836 Portage la Prairie, Manitoba Canada R1N 3C3
TREASURER	Dr. Alexander Della Bella 7835 Remington Road Cincinnati, Ohio 45242
IMMEDIATE PAST PRESIDENT	Dr. Emilio Canal, Jr. 11465 Sunset Hill Road, Suite 600 Reston, VA 20190

BOARD OF DIRECTORS

ONE YEAR TERM 2010-2011

Dr. Jeffrey Lloyd 9310 Baseline Rd. Alta Loma, CA 91701	Dr. Jeffrey Hoy 3440 W. Lomita Blvd. Ste. 340 Torrance, CA 90505
---	---

TWO YEAR TERM 2010-2012

Dr. James Lovelace 115 E. First Street Hinsdale, IL 60521	Dr. Michael Nanne 675 Nicollet Blvd. E. Burnsville, MN 55337
---	--

THREE YEAR TERM 2010-2013

Dr. Richard Knowlton 102 W. High Street Elizabethtown, PA 17022	Ryan Salazar 10737 Camino Ruiz, Suite 145 San Diego, CA 92126
---	--

HISTORIAN

Dr. Jackson Winters
200 Lima Avenue
Findlay, OH 45840
Scarborough, ME 04074

2010-2011
ASD COMMITTEES

Constitution & Bylaws

Dr. Leslie Rye, Chair
Dr. Jeffrey Hoy
Dr. Emilio Canal, Jr.

Membership & Credentials

**Dr. Jeff Lloyd, Chair and
Board Liaison**
Dr. Robert Howarth
Dr. Andrew Arriola
Dr. Michael Rocklin
Dr. Richard Knowlton

Fellowship Sub-Committee

Dr. Richard Mariani, Chair
Dr. Enrique Amy, Board
Liaison
Dr. Emilio Canal, Jr.
Dr. Michael Messina

Publications

Dr. Stephen Mills, Co-Chair,
Newsletter
Mr. Ryan Salazar, Co-Chair,
Website
Dr. Emilio Canal, Jr., Journal
Dr. Melvin Choy

Research and Education

Dr. David Singh, Chair
Dr. David Kenny
Dr. Leslie Rye
Dr. Enrique Amy
Dr. Mark Roettger

**Position Statements-
Sub-Committee**

Dr. Leslie Rye, Chairman
Dr. Hans Stasiuk
Dr. Dave Kenny

Annual Session

**Dr. Ray Padilla,
General Chairman**
**Dr. Dan Orr,
Local Arrangements Chair**
Dr. Alex Della Bella
Dr. Emilio Canal, Jr.
Dr. Hans Stasiuk- Silent Auction
Dr. Paul Nativi
Ms. Shelly Lott

Nomination Committee

Dr. Emilio Canal, Jr., Chairman,
Immediate Past President
Dr. Ray Padilla
Dr. Paul Nativi

Student Affiliate Program

Dr. Regan Moore, Chair
Dr. Stephen Mills
Dr. Mark Roettger
Dr. Hans Stasiuk
Dr. Dave Kumamoto
Dr. Michael Robinson

**Past Presidents / Strategic
Planning**

**Dr. Emilio Canal, Jr. –
Chairman, Past President**
Dr. Alex Della Bella
Dr. Stephen Mills
Dr. Mark Roettger
Dr. Enrique Amy
Dr. Brett Dorney
Dr. David Kumamoto

**Special Olympics /
Special Smiles**

**Dr. Rick Knowlton, Chair
and Board Liaison**
Dr. Robert Howarth
Dr. Lily Lim

Fundraising Committee

Dr. Jim Lovelace, Chairman
Dr. Paul Nativi
Dr. Jeff Lloyd
Dr. Ray Padilla
Mr. Ryan Salazar

**Ad Hoc Committee –
Code of Ethics**

Dr. Jeffrey Hoy, Chair
Dr. David Kumamoto
Dr. Whitney Johnson

Development Committee

**with International
Association of Dentistry,
Sport and Trauma:**
Dr. Emilio Canal, Jr., Chair
Dr. Paul Piccininni

**Ad-Hoc Committee –
Seal of Approval**

Dr. Paul Nativi, Chairman
Dr. James Lovelace
Dr. Emilio Canal, Jr.
Dr. Ray Padilla



The Academy for Sports Dentistry, its officers and Board, are not responsible for the opinions, views or statements made in any essay, discussion or in the proceedings which are presented in *The Academy for Sports Dentistry Newsletter*.

The Academy for Sports Dentistry Newsletter is published tri-annually for its members. Comments and suggestions regarding the newsletter should be directed to Dr. Steve Mills, Editor.

EDITOR

Dr. Stephen Mills
300 Technology Dr.
Enterprise Park
Scarborough, ME 04074
OFF: 207.883.4203
Fax: 207.833.9068
Email: LMills5977@aol.com

MANAGING EDITOR

Mary Byers
315 Bristol Rd.
Chatham, IL 62629
OFF: 217.483.8836
FAX: 217.483.4161
Email: marybyers@comcast.net
ACADEMY WEBSITE:
www.academyforsportsdentistry.org



Paul A. Nativi, DMD

You Are ASD's Greatest Asset

It is an honor and a privilege to serve as the president of the Academy of Sports Dentistry. I would like to thank our outgoing president, Dr. Ray Padilla, and the Board of Directors for their hard work and dedication. In fact, all past presidents and board members deserve our thanks. I hope to continue their tradition and serve in their spirit.

The 2011 ASD Symposium was a huge success. Dr. Ray Padilla served as General Chairman and deserves much of the credit. Green Valley Ranch Resort and Las Vegas proved to be a great venue. Congratulations to Dr. Jeffery Llyod and Dr. Richard Staller for receiving their fellowship at this year's symposium. This designation recognizes their continued education and commitment to the field of Sports Dentistry. ASD encourages all members to work toward their fellowship. Dr. Richard Mariani was the 2011 Distinguished Member recipient. Dr. Mariani has been in private practice since 1963 and serves as team dentist for the University of Miami, the Miami Heat, the Miami Dolphins, and the Florida Marlins. He has served as the Fellowship Sub-Committee Chair for many years and was also the General Chairman for the 1991 and 2005 ASD Annual Symposium. Congratulations to Dr. Mariani on an award greatly deserved.

Las Vegas marked the return of the Team Dentist Course. Dr. Steve Mills, who serves as the editor of the ASD Newsletter, did a terrific job as Course Director. Dr. Mills assembled a team of member/instructors who presented the "nuts and bolts" of sports dentistry. The Team Dentist Course is a primer on sports dentistry covering a multitude of topics, including preparation, mouthguards and prevention of injuries, drug "dos and don'ts," recognition and treatment of injuries, concussions, and much

more. Completion of this course lays the foundation for anyone wishing to serve as team dentist. The Team Dentist Course is also one of the requirements to become an ASD Certified Team Dentist. In fact, USA Soccer Federation requires team dentists to be ASD certified and other sporting organizations are sure to follow. The Team Dentist Course will soon be available on DVD thanks to the assistance of the Smile Foundation.

One of the major goals of the Board of Directors is to promote ASD. We continue to strengthen our affiliations with the ADA, NATA, FIIMS, IADT, among others. Please spread the word and encourage your friends and colleagues to join the Academy, get involved and attend next year's symposium in Minneapolis (June 21 -23, 2012). General Chairman Dr. Michael Nanne and his committee have been working diligently to put on a great program. For the first time, "The Female Athlete" will be one of the featured topics. I look forward to these presentations because over one half of the athletes I see are women.

The greatest asset of ASD is its members and the Annual Symposium provides an excellent opportunity to share ideas, exchange information, and interact with fellow members. Questions are answered, problems solved, confidence gained, and friends made through this interaction.

ASD members are the experts in sports dentistry and we should embrace this role. Be proud of ASD: we have much to offer.

See you in Minneapolis,

Paul A. Nativi, DMD
President



Steve Mills, DDS
Editor

Editor's Column

It's About Time

I've been writing this editorial column for a few years now and I often wonder how many people really care about my opinions on sports dentistry. It's hard thinking up new ideas and I am especially pleased whenever anyone comments on what I've written. I have my regular group of friends who give me feedback but there is one person whose opinion I value at least as much as anyone.

When I first became active in sports dentistry about twenty years ago I put a lot of effort into bringing mouthguards to my local community and school district. I was pretty passionate and spoke to any athletic director, coach or parent I could. I did not approach the athletic trainer because at that time in Maine, few schools employed an athletic trainer. My efforts met with marginal success. Parents, coaches and athletic directors are great people in their own way but the idea of injury prevention for the mouth usually was not high on their agenda.

It wasn't until Maine schools started using athletic trainers regularly that my message was heard by sympathetic ears. The bridge between the athletes, coaches, and the medical community that athletic trainers provide is so important for so many things but for the prevention of injuries and the use of protective equipment it is critical. Now, we all think about athletic trainers as the most important connection to make when approaching a team, school, or any athletic program.

Maine is very different now. The three small colleges I deal with all have full time athletic training staff and two even have courses of study leading to athletic training majors. Athletic trainers now cover all of the state's high schools.

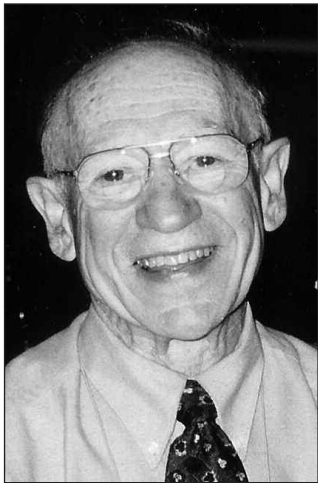
While not all high schools have full time positions, high school athletes now are used to dealing with an athletic trainer with all they can do to help the athletes play safely and in a healthy way.

And that brings me back to my consistent reader and critic. Robert Ogar has been a member of the Academy for Sports Dentistry for quite a while and has embraced our message at least as much as any dentist in our group. He has consistently brought this message to the headquarters of the National Athletic Trainers Association as well as to his own school athletic program. He consistently attends our annual symposia and makes sure that his players are supplied with the best mouth protection possible. He should be the model athletic trainer for all of us who want to get involved with any sports program. It's about time that I thanked him publicly for what he has meant to our organization and to me personally.

He also keeps me informed of how he achieves his goals for the players at Detroit Central Catholic High School. Robert gives to me a balanced and reality-based viewpoint on how to work with a school sports program. For him it has not been easy to find a dentist who might be as compulsive as many of us in the ASD. He has turned to a kit system for the impressions and fabrication for his heat pressure laminated custom mouthguards and he utilizes his team dentist (Dr. Tim Koloski) for help with, and evaluation of, the impressions and for the fitting process. I need Robert's connection to see how an athletic trainer successfully covers his athlete's needs.

Robert isn't alone in his advocacy to NATA. Dr.

Continued on page 8



Dr. Cosmo Castaldi

Transitions: Two of our Honored Founders Leave Us In the Past Year



Dr. Donald Peterson

Over the past year, the Academy for Sports Dentistry has lost two of the most significant dentists in our organization's history. Dr. Donald Peterson passed away on July 20, 2010 and Dr. Cosmo Castaldi passed on March 12, 2011. These two individuals cannot leave this world without the Academy formally recognizing what they have meant to the ASD as well as the world of dentistry.

Dr. Peterson (Don) was born in St Louis, MO in 1929 but soon moved to Racine, WI. After serving in Japan in World War II, Don attended the University of Michigan where he had a noteworthy career as a halfback and fullback on the University's football team. He was named the team's MVP in 1951 and is remembered fondly for scoring the only touchdown in the Michigan vs. Ohio State football game in a 7-0 victory in 1951.

He attended the University of Michigan School of Dentistry after which he ran a successful dental practice in Ann Arbor for more than 35 years. In addition to dentistry, Don gave hours of service to the Washtenaw Children's Dental Clinic and the University of Michigan's and Eastern Michigan University's athletic departments. He was one of the founders of the Academy for Sports Dentistry in 1983. He served as the president of the Academy in the 1994-1995 season. Along with Dr. Bill Godwin he formed a formidable Michigan duo and were the primary mentors to countless members of the Academy seeking to learn about sports dentistry.

His experience as an athlete allowed him to relate to other athletes, especially football players. He was particularly interested in looking at the

different thicknesses of mouthguards as it related to different aspects of an athletes ability to play or to avoid injuries other than dental such as "stingers."

Don is survived by his wife of 55 years, Jane, and five of his six children. He has ten grand children.

Dr. Cosmo Castaldi was born in Sudbury, Ontario, Canada in 1920, received his Doctorate in Dentistry from the University of Toronto and his Masters in Pediatric Dentistry from Northwestern University in Chicago. To all who knew him he was known affectionately as "Cos" and his journey through his life in dentistry as well as many other interests was rich and varied.

His first love was educating students in pediatric dentistry and he had a special interest in dentistry for the adolescent patient. This is an important and often ignored area of pediatric dentistry and one which dovetailed very nicely with Cos's interest in sports dentistry. He was instrumental in the early efforts in community water fluoridation when this was very controversial and demanded a lot of courage to stand by the idea. He also was an instrumental contributor to the development of the amalgam Dispersalloy.

Cos will always be remembered for his connection with hockey. He played growing up, and eventually played with many NHL players on the Canadian Air Force hockey Team in Halifax, Nova Scotia while serving as a dentist in the Canadian Air Force Dental Corps during World War II. Subsequently he became involved in coaching

Continued on page 8

The 29th Annual Symposium in Las Vegas a Resounding Success

Amidst the glitz and glamour of the Las Vegas strip and in the wonderful comfort and luxury of the Green Valley Resort in Henderson, the Academy for Sports Dentistry held its 29th Annual Symposium. It was a four-day event highlighted by a full-day team dentist course, multiple enlightening and groundbreaking lectures, an excellent social event at the President's reception and the ever popular hands on mouthguard fabrication workshop.

Great credit is due to outgoing president, Ray Padilla, and executive secretary Shelly Lott and others for putting together a meeting to which all attendees responded very positively. The meeting attendance was approximately 150 including the support of seven commercial exhibitors. Many attendees brought their families along to experience the entertainment options available in Las Vegas.

Highlights of the meeting were lectures on innovative thinking on the treatment of orthodontic problems, oral and maxillofacial surgery, restorative dentistry and the relationship of occlusal position, intraoral appliances and concussion protection. Dr. Brett Dorney came to us from Australia to give two lectures: the first on cosmetic restoration of traumatized teeth and the second on the effects of sports drinks and other acidic foods on the dentition.

The meeting had a decidedly international feeling with two special presentations being given. Dr. Rene Fasel of the International Ice Hockey Federation and the International Olympic Committee gave a talk at the recognition luncheon on the first day of the symposium. A panel of individuals involved with the IOC gave a presentation giving an overview of the Olympic dentistry role in the games and the treatments available to athletes during the competitions. We were also entertained and informed of the experience during the Vancouver Winter Olympics, the planning for the summer games in London, and the future plans for the next winter Games in Sochi, Russia. An international exploration of innovative mouthguard designs from the

world was given. Members of this panel were Drs. Paul Piccininni, Tony Clough, Jean Luc Dion, Mark Parhar, Christopher Zed, and Nikita Romanashkop.

A very entertaining addition this year was a presentation by John Brenkus of ESPN's Sport Science Special. Obviously nationally known, Mr. Brenkus gave a stimulating look at a variety of sports subjects upon which he has presented reports to ESPN.

Always a highlight of the meeting is the presentation of special awards at the recognition luncheon. Two doctors were awarded their fellowship designation: Drs. Jeffrey Lloyd of Alto Loma, CA and Richard Staller, of Delray Beach, FL.

Perhaps the most prestigious award the Academy can bestow on someone is the Distinguished Member Award. This year's recipient is Dr. Richard Mariani, Sr. of Pinecrest, FL. Dick has served the Academy and the field of sports dentistry for over forty years working at the professional and the major collegiate levels, as well as any other area he could. He has been a mentor to many young dentists in sports dentistry including his partners Mike Robinson and Marco Leyte-Vidal, as well as the immediate past president of the Academy, Dr. Emilio Canal.

The president's reception is the social highlight of the meeting and the accompanying auction (silent and live), raise money for the research fund of the Academy. As has become greatly anticipated, Dr. Hans Stasiuk once again was our very energetic and entertaining auctioneer with the able help of Dr. Jan Chithalen as well as some young family member volunteers. The auction this year raised \$4,730 for the fund and a great time was had by all.

With the passing of one symposium we immediately look forward to the next which will be in Minneapolis, MN. Incoming president, Dr. Paul Nativi, will be serving as this meeting's general chairperson, and it promises to be an even bigger success than this year's terrific meeting.



Dr. Michael Messina presenting Dr. Richard Mariani, Sr. with the 2011 Distinguished Member Award



Drs. Jeffrey Lloyd, E. Jan Chithalen, Ray Padilla, Jeffrey Hoy, Paul Nativi, James Lovelace, Richard Knowlton, Michael Robinson



Dr. Paul Nativi presenting Dr. Ray Padilla with his President's plaque



Dr. Richard Mariani, Sr. and Michael Messina presenting Dr. Jeffrey Lloyd with his fellowship plaque



Drs. Mark Pahar, Nikita Romashko, Christopher Zed, John-Luc Dion, Paul Piccininni, Ray Padilla, and Anthony Clough



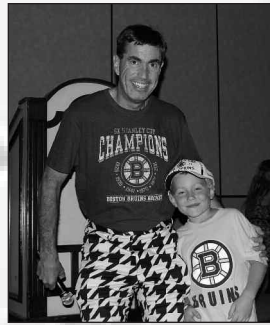
Dr. Richard Mariani, Sr. and Michael Messina presenting Dr. Richard Staller with his fellowship plaque



Dr. Rene' Fasel, President - International Ice Hockey Federation Zurich, Switzerland presenting Dr. Ray Padilla, President of the Academy for Sports Dentistry with a IIHF Jersey



Dr. Ray Padilla presenting Dr. Stephen Mills with the 2011 President's Award



Dr. Hans Stasiuk and his son Andrew



Dr. Frank Mogavero and Luke with their autographed Lakers Jersey



Jennifer Padilla modeling the Kobe Bryant autographed jersey



Cristin Wallace with her Nicklas Lindstrom autographed puck



Cristin Wallace, Mike Robinson and Jan Chithalen viewing the auction items

It's About Time

Continued from page 4

Jack Winters and others have effectively interfaced with NATA and the Joint Commission of Sports Medicine for many years. But Jack is a dentist. Sometimes getting information peer to peer, whether dentist to dentist or athletic trainer to athletic trainer is very powerful.

The take-home message is to get connected with an athletic trainer. You can and will learn from them and he or she can learn from you. Not everyone is going to be Robert Ogar but more than likely the AT you connect with will be very receptive to your ideas on mouth protection and they will welcome the ability to use you as a resource for emergency treatment of their athletes. It's about time.

Transitions:

Continued from page 5

youth hockey and was a part owner and scout for the Sudbury Wolves, a Junior A team in his childhood hometown.

His background in hockey and pediatric dentistry led to his work with the American Society for Testing of Materials (ASTM) and his efforts to increase safety in youth hockey. His research and subsequent testimony and national and international conferences on mouthguards, face shields, skate blades and rink boards were instrumental in the adoption of standards for youth hockey. His work for ASTM led to his being awarded the Award of Merit in 1995 which is the highest award given to a member of ASTM International. He was voted an Honorary Committee member of Committee F08 on Sports Equipment and Facilities in 2000. Christi Sierk of ASTM International said, "His passing and

resulting comments from long standing F08 Committee members reveal that he was truly respected by all who knew him."

Cos was known and lectured internationally on pediatric dentistry and sports dentistry. He loved to paint and played both the saxophone and clarinet. A devoted family man, he is survived by his wife Anita, his four children, seven grand children and two great grand children. Fittingly for us at the ASD, perhaps the last award that was bestowed on Cos was the Lifetime Achievement Award from the Academy for Sports Dentistry in 2001.

Both of these men were good friends to many in the ASD and never missed an opportunity to spend time with anyone who wanted to talk dentistry or sports. All members would be well served to be as unselfish, as devoted and as committed as these two men. They were unique and special men and they will be missed.

Academy for Sports Dentistry 30th Annual Symposium

SAVE THE DATE

June 21-23, 2012

Minneapolis Marriott City Center

30 South 7th Street

Minneapolis, MN 55402

Phone: (800) 229-9290



Please watch our website for additional information as it becomes available
www.academyforsportsdentistry.org or call (217) 227-3431

Mark your calendars!
This is a meeting that you won't want to miss!

The Academy for Sports Dentistry is now on Facebook!

Search
"sports dentistry"
and like us!

