

2025 ASD SYMPOSIUM AGENDA



THURSDAY, JUNE 26 - SPORTS/TEAM DENTIST COURSE

TIME	SESSION INFORMATION	SPEAKERS
7:45 AM - 8:00 AM	Welcome	Dr. Byron Blasco and Dr. Mike Messina
8:00 AM - 9:15 AM	Team Dentist Responsibilities and Benefits Being a Team Dentist is not just providing mouthguards. There are many other obligations and prerequisites necessary to being a true team dentist. This presentation describes some of these responsibilities.	Dr. Ray Padilla, F.A.S.D.
9:15 AM - 10:15 AM	Drugs in Sport and Anti-Doping Updates Which medicines and active ingredients used in the office, prescribed, or recommended as over-the-counter treatments may be of concern to an athlete for efficacy, safety or anti-doping? This presentation offers an update on the status of drugs in sport for common pharmaceuticals used in dentistry. While the athlete is strictly liable for anything found in a positive doping sample, healthcare professionals can act as gatekeepers that helps reduce or eliminate accidental doping.	Ashley Anderson, RPh, MBA, IOC - Drugs in Sport
10:15 AM - 10:25 AM	Break with Exhibitors	
10:25 AM - 12:15 PM	Suturing Techniques in Sports Dentistry - A Hands-on Experience Athletic injuries sometimes create situations where unique procedures for restorative care is required. Many of these include the need for suturing. This didactic/hands-on session will teach the appropriate types of sutures and gain proficiency in the techniques and indications for their use in surgical procedures.	Dr. Walter Chitwood, F.A.S.D.
12:15 PM - 1:00 PM	Lunch	
1:00 PM - 5:00 PM	Today's Impression Techniques and Fabrication of Mouthguards Participants will experience digital scanning impression techniques with various scanners. Participants will also learn mouthguard fabrication modalities including pressure-laminated and digital printed procedures.	ASD Board Members and Past Presidents

FRIDAY, JUNE 27 - SYMPOSIUM SCHEDULE

TIME	SESSION INFORMATION	SPEAKERS
7:00 AM - 7:45 AM	Registration and Breakfast	
7:45 AM - 8:15 AM	Welcome	
8:15 AM - 10:00 AM	<p>Treatment of Traumatic Injuries. Current Protocols and Guidelines (Part 1)</p> <p>The management of dental trauma remains a significant clinical challenge affecting health-care providers and patients alike. Falls, accidents and sport-related injuries are the most frequent causes of dental trauma. Patients can present with a wide variety of injuries ranging from crown or root fractures to injuries to the supporting periodontal structure, including luxations and avulsions. Treatment is complex, time consuming, expensive and requires a multidisciplinary approach. New approaches for diagnosis, and treatment of traumatized teeth will be thoroughly discussed and illustrated using advanced 3D technology for diagnosis and treatment planning. This presentation will discuss the newly published 2020 IADT guidelines, with emphasis on current evidence-based literature supporting therapeutic modifications, as well as new philosophies to be considered for the future.</p>	Dr. Nestor Cohenca
10:00 AM - 10:20 AM	Break with Exhibitors	
10:20 AM - 12:00 PM	<p>Treatment of Traumatic Injuries. Current Protocols and Guidelines (Part 2)</p>	Dr. Nestor Cohenca
12:00 PM - 2:00 PM	Recognition Lunch and Poster Sessions	
2:00 PM - 3:00 PM	<p>Pupal Regeneration</p> <p>Immature teeth with apical periodontitis present a clinical challenge with short undeveloped root structures, thin dentinal walls, and wide-open foramens. Maintenance of pulp vitality should always be our priority. However, when the pulp becomes necrotic, pulp regeneration and apexification should be considered. This novel procedure exploits the full potential for revascularization and tissue ingrowth toward dentin deposition and stronger roots able to withstand fracture. This presentation will review the current evidence-based research and illustrate the clinical implications of non-vital therapy.</p>	Dr. Nestor Cohenca
3:00 PM - 3:15 PM	Break with Exhibitors	
3:15 PM - 3:55 PM	<p>Smart Mouthguards - Past, Present, and Future</p> <p>In this presentation the audience will (1) review literature from the history of academic research into smart mouthguards, (2) understand how the new global smart mouthguard standard is being implemented, (3) learn how smart mouthguard data is informing today's clinical concussion assessments on the sideline and (4) hear about several applications where smart mouthguards are emerging to help athletes and service members.</p>	Dr. Adam Bartsch
4:00 PM - 4:50 PM	<p>Beyond Concussion Diagnosis: Latest Management/Treatment Approaches and Emerging Research Insights</p> <p>Plan to review current management/treatment strategies for concussion to inform dentists of available options and changes over time. Will discuss key things to consider in talking with patients with concussion to determine if they are receiving appropriate care. Will also review findings from some of our recent research projects/publications.</p>	Dr. Melissa Womble
6:30 PM - 8:00 PM	President's Reception and Silent Auction	

SATURDAY, JUNE 28 - SYMPOSIUM SCHEDULE

TIME	SESSION INFORMATION	SPEAKERS
7:00 AM - 8:45 AM	Breakfast and ASD Business Meeting	
8:45 AM - 9:35 AM	<p>Sport Dentistry Nuggets from Local Pro Team Dentists</p> <p>Participants will take away detailed information from the panelists on the requirements and protocols from Team Dentists of various sports, as well as requirements in men's vs women's sports. The panel will represent Team Dentists from The Washington Mystics, The Washington Wizards, Washington Capitals, Washington Spirit, D.C. United, Old Glory DC, Washington Commanders, Washington Nationals, and the National Women's Soccer League (NWSL).</p>	<p>Dr. Kris Rappold (Moderator); Dr. Alexander Back; Dr. Emilio Canal Jr.; Dr. Hugo Bonilla; Dr. Julia Bronson; Dr. Chad Kasperowski; Dr. Tom Lenz</p>
9:35 AM - 9:55 AM	<p>Team USA: The Athlete Journey and the Role of Dental Care</p> <p>In this session, we'll highlight the Team USA's remarkable achievements during the Paris 2024 Games, celebrating key milestones and memorable moments. We'll also discuss the exciting prospects for Milano Cortina 2026. Additionally, we'll explore our valuable collaboration with the Academy for Sports Dentistry, emphasizing how their expertise and support play a critical role in ensuring the well-being and performance of our athletes.</p>	Rebecca Beard, MBA
9:55 AM - 10:40 AM	<p>Sport Psychology: An Overview For Sport Dentistry</p> <p>This session will introduce the basic principles of sport psychology. After the session attendees will be able to highlight the connection between sport psychology, dentistry, and oral health in athletes. The session will also explore how poor oral health can negatively impact athlete's performance, quality of life and confidence.</p>	Dr. Sabrina Jennings
10:40 AM - 11:05 AM	Break with Exhibitors	
11:05 AM - 12:00 PM	<p>Sports-related TMJ Injury</p> <p>The goal of the lecture to provide an understanding the nature of TMJ injuries and tips for assessing, diagnosing and determine the need for emergent care vs. delayed care. Understanding normal TMJ anatomy vs. Injured. Review of diagnostic modalities and the indications will be provided and an understanding of Treatment modalities.</p>	Dr. Edward Zebovitz
12:00 PM - 1:30 PM	Lunch and 2026 Symposium Update	
1:30 PM - 2:10 PM	<p>Sports Dentistry as Part Of A High School Sports Team</p> <p>This session will detail how a dentist can become part of the team - how the dentist can support the athletic trainer, and how the school can support the dentist's practice. Dr. Rupp will also discuss how the athletic trainer can work with the dentist to make custom mouth guards.</p>	Paul Rupp, MS, LAT, ATC
2:10 PM - 3:00 PM	<p>Bad Bounces and Broken Teeth - Winning Solutions with Composites</p> <p>We are in an age of active lifestyles, with an emphasis on participating in sporting activities at both the youth and adult levels. Not surprisingly, athletic injuries to the orofacial region and the dentition are on the rise. The use of direct composite resin offers the dentist a conservative option to create long-lasting esthetic solutions for the sports-related injury. This lecture will focus on a "recipe for success" with anterior composites based on current science and proven clinical techniques.</p>	Dr. Douglas Lambert, F.A.S.D. and Dr. Chase Seubert